2024 D3 PRE-NATIONALS Final Instructions

Friday, October 4th @ LaVern Gibson Championship Course

Meet Schedule (Terre Haute is on Eastern Standard Time)

| 5:00 pm | Course Opens – Parking/Admissions Gates |
|----------|---|
| 6:30 pm | College Open Women's 6k (Unlimited entries) |
| 7:15 pm | College Open Men's 8k (Unlimited entries) |
| 8:00 pm | High School Boys 5k |
| 8:30 pm | High School Girls 5k |
| 9:00 pm | College Championship Women's 6k (Top 10 per NCAA D3 team) |
| 9:45 pm | College Championship Men's 8k (Top 10 per NCAA D3 team) |
| 11:00 pm | Course Closes |

Address

599 S. Tabortown St. Terre Haute, IN 47803

Course Preview

The course will be available to preview on Thursday, October 3 from 3:00-7:00pm.

Team Parking

Team buses and vans can park at the north end of the facility by the start line.

Packet Pickup mpionship Cross Country (

Team and individual packets can be picked up at the Green Pole Barn (adjacent to the finish line) from 5:00-8:30pm on Friday, October 4. It's recommended to pick up your packet immediately upon arrival since it's a 400 meter walk from the team camps to packet pickup.

Clerking

Make any obvious scratches at packet pickup. Make any <u>late scratches</u> to rosters at the clerking table located next to the starting line. A meet day decision can be made on who your top 10 will be for those teams selected in the Championship races.

Starting Box Assignments

Please see below for team and individual/unattached starting box assignments.

Team Camps

Team tents/tarps are to be placed in the area directly behind the start line. Please clean up your team camp area before departing. We will have garbage bags available at the check-in table if you need one for your team. Blue garbage bins will be available at the team camp area.

Safety During Warm-Up/Cool-Down

It is recommended to stay on the grounds of the LaVern Gibson Championship Course after 7:45pm for warm-up and/or cool-down activities.

Race Splits

Splits for 8k races at 1k, 2k, 3k, 4k, and 5k. Splits for 6k races at 3k and 4k.

Athletic Training

Medical building at the finish line will be available for pre-race taping needs as well as ice. Athletic trainers, physician, and ambulance will be on-site. Water and Gatorade will be available at the finish line. For questions, please contact Kristen Kauffman, Associate Athletic Trainer, kauffman@rose-hulman.edu or (812) 877-8060.

Awards

Sweatshirts for Top 25 individuals in Championship races. Banners for team champions of Championship races.

Live Results Link

https://www.timingmd.net/

Live Webcast Link

https://nikexctowntwilight.runnerspace.com/

Spectator Entrance

Please see the map below. Spectators should enter to the south of the course at the Wabash Valley Family Sports Center main entrance.

Spectator Admission

\$5 per person, children under 10 are free. Parking is free!

Restrooms

Available behind the start line in the team camp area. Public restrooms are located in the concessions building adjacent to the finish line.

Pets

No pets are permitted inside the facility (only service animals).

| TFAM | STARTI | NG BOX | ASSIGN | IMENTS |
|------------------|--------|---------------|---------------|---------------|
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| TEAMS | MEN CHAMPIONSHIP | WOMEN CHAMPIONSHIP | MEN OPEN | WOMEN OPEN |
|------------------------|---------------------|-------------------------|-------------|---------------|
| Anderson (Ind.) | 12 | 12 | 38 | 38 |
| Augustana (Ill.) | 20 | 20 | 7 | 7 |
| Aurora | 4 | 4 | | 21 |
| Babson | 40 | | | |
| Berea | | 36 | 25 | 25 |
| Caltech | 36 | | | |
| Central College | 5 | 5 | 15 | 15 |
| Centre | 27 | 27 | 24 | 24 |
| Concordia (Wis.) | 24 | 24 | 36 | 36 |
| Connecticut College | 31 | 31 | | |
| DePauw | 16 | 16 | 31 | 31 |
| Dubuque | 10 | 10 | 32 | 32 |
| TEAMS | MEN CHAMPIONSHIP | WOMEN CHAMPIONSHIP | MEN OPEN | WOMEN OPEN |
| Earlham | | | 14 | 14 |
| Elmhurst | 7 7 1 | 7 | 6 | 6 |
| Franciscan (Ohio) | np1042Sh1p | Cross ₁ Coun | try Coi | irse |
| Franklin | 26 | 26 | 8 | 8 |
| George Fox | 23 | 23 | 20 | 20 |
| Grinnell | 35 | 35 | 28 | 28 |
| Hanover | 25 | 25 | 30 | 30 |
| Haverford | 8 | | | |
| Illinois College | 6 | 8 | 22 | 22 |
| Illinois Tech | 17 | 6 | | |
| Illinois Wesleyan | 1 | 17 | 10 | 10 |
| Indiana State | | | 18 | 18 |
| IU Columbus | | | 17 | 17 |
| Kalamazoo | 45 | 1 | 4 | 4 |
| La Verne | 33 | 44 | | |
| Lewis & Clark | 30 | 33 | 11 | 11 |
| Loras | 28 | 30 | 39 | 39 |
| Manchester | 41 | 28 | 23 | 23 |

| TEAMS | MEN CHAMPIONSHIP | WOMEN CHAMPIONSHIP | MEN OPEN | WOMEN OPEN |
|---------------------------|---------------------|-------------------------|-------------|-------------------|
| MIT | 32 | 40 | | |
| North Park | | | 29 | 29 |
| Occidental | 43 | 32 | | |
| Ohio Northern | 18 | 42 | | |
| Otterbein | 11 | 18 | 26 | 26 |
| Pomona-Pitzer | 39 | 11 | | |
| Rhodes | 21 | 39 | 34 | 34 |
| Rose-Hulman | 3 | 21 | 12 | 12 |
| Run Club at IU | | | 3 | 3 |
| Southern Virginia | 44 | 3 | | |
| Spalding | | 37 | 27 | 27 |
| St. Mary-of-the- Woods | | | 33 | 33 |
| St. Mary's (Ind) | | 34 | | 37 |
| St. Mary's (Md.) | 22 | 22 | | |
| St. Vincent (Pa.) | 19 | 19 | 16 | 16 |
| Suffolk | 46 | 45 | | |
| TEAMS | MEN CHAMPIONSHIP | WOMEN CHAMPIONSHIP | MEN OPEN | WOMEN OPEN |
| Trine | 15 | 15 | 13 | 13 |
| U. of Chicago | | Cross ₉ Coun | LTY 19 0 | ITS ₄₉ |
| UC Santa Cruz | 38 | 38 | | |
| Vincennes | | | 2 | 2 |
| Wabash | 14 | | 21 | |
| Washington U. | 29 | 14 | 1 | 1 |
| Webster | 34 | | 9 | 9 |
| Wesleyan | 2 | 29 | | 41 |
| WisOshkosh | 13 | 2 | 35 | 35 |
| WisWhitewater | 37 | 13 | 5 | 5 |

| INDIVIDUAL / UNATTACHED STARTING BOX ASSIGNMENTS | | | | |
|--|---------------------|-----------------------|--------------|---------------|
| INDIVIDUALS / UNATTACHED | MEN CHAMPIONSHIP | WOMEN CHAMPIONSHIP | MEN OPEN | WOMEN OPEN |
| Arthur, Isabel (unattached) | | | | 40 |
| Brennan, Rachel (Gordon) | | 43 | | |
| Day, Carolyn (Gordon) | | 43 | | |
| Dillon, Tyler (unattached) | | | 40 | |
| Duncan, Faith (Wilmington) | | 43 | | |
| Einhorn, Kaden (unattached) | | | 41 | |
| Garland, TJ (unattached) | | | 37 | |
| Gonzalez, Aidan (unattached) | | | 41 | |
| Immell, Robert (Berea) | 47 | | | |
| Jones, Ethan (unattached) | | | 37 | |
| Koon, Rachel (unattached) | | | | 40 |
| Luka, Jeff (unattached) | | | 41 | |
| McCartney, Elijah (unattached) | 7 | | 40 | |
| McGinn, Joey (unattached) | | | 40 | 11 |
| Mello, Natalie (unattached) | | | | 40 |
| Penry, Noah (unattached) | nchin C | ross Coi | 111 + 141, C | nirce |
| Rico, Amanda (unattached) | | | antity Co | 40 |
| Smott, Carter (unattached) | | | 40 | |
| Tobin, Noah (Wilmington) | 47 | | | |
| Torres, Mario (unattached) | | | 41 | |
| Wanichko, Kevin (unattached) | | | 40 | |

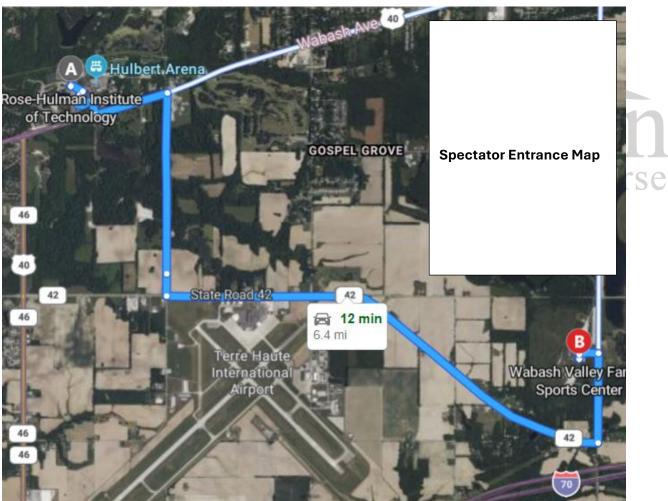


Championship Cross Country Course



Championship Cross Country Course







TEAM

