

We will contest both the boys and girls JAVELIN at this meet.

Please email Coach Guile/ Coach Circelli if you are interested and we will add you to the Invitational ( realgolfer100@yahoo.com or rob.circelli@yahoo.com ). Looking to cap this meet at 20 teams

Entry Fee: \$150 per school (to help offset timing and awards costs) This will cover both boys and girls. \$100 for only one gender. This will be FAT timed by BW SPORTS TIMING. We will also have Scoreboard for results and run time at the finish line.

Payments: All checks need to be made out to Ponte Vedra Sharks Booster Club (ATTN: Track and Field)

Send to: Pauline Wagner (Team Treasurer),  
112 Ponte Vedra Colony Circle  
Ponte Vedra Beach, FL 32082) or bring to meet.

Awards: Trophies for team champion and runner up. Medals for 1st-3rd (1st and 2nd for relays, ribbons for 4th -8th places). Commanding Officer of Afloat Training Group, United States Navy will be handing out Medals and Trophies.

General Admission:

\$5.00 Entry for Parents/Spectators

Entry Limits:

Open event (until 15 schools have committed) Entries done on Direct Athletics/this page by Tuesday, Feb 26th @ 11:59 p.m. 4 entries in all running events, 4 per field event, 1 relay team per event.

Schedule:

9:15am Coaches Meeting (Cafeteria/coaches hospitality area)

9:55:am - National Anthem

10:05am - Field events (3 attempts and 3 attempts in finals) This year, we will be conducting the Javelin as it will be an Official State event in 2020. 4 entries per team max. You will need to provide your own implements (Javelins for the event)

- Boys Long jump followed by Boys Triple Jump

- Girls Long Jump followed by Girls Triple jump

- Girls Shot Put followed by Boys

- Boys Discus followed by Girls

- Girls Pole Vault followed by Boys (Minimum starting Height: 2 Meters Girls, 2.6 Meters Boys)

- Girls High Jump followed by Boys (Minimum starting Height: (1.35 Meters Girls, 1.65 Boys)

10:05am - Running Events (Timed Finals vs. Pre-lims and Finals)

Girls 4 x 800 Meter Relay/Boys 4 x 800 Meter Relay

Girls 100 Meter Hurdles/Boys 110 Meter High Hurdles

Girls 100 Meters/Boys 100 Meters

Girls 1600 Meters/Boys 1600 Meters

Girls 4 x 100 Meter Relay/Boys 4 x 100 Meter Relay

Girls 400 Meters/Boys 400 Meters

Girls 300 Meter Hurdles/Boys 300 Meter Hurdles

Girls 800 Meters/Boys 800 Meters

Girls 200 Meters/Boys 200 Meters

Girls 3200 Meters/Boys 3200 Meters

Girls/Boys Throwers 4 x 100 Relay

Girls 4 x 400 Meter Relay/Boys 4 x 400 Meter Relay

Team scores to be announced at the conclusion of the Boys 4x400 Meter Relay. Ribbons and trophy may be picked up at this time from the scorers table. If you plan on attending, please send a RSVP email to Zane Guile at: [realgolfer100@yahoo.com](mailto:realgolfer100@yahoo.com) by Feb 15th. Please RSVP ASAP.