



Grand Valley State University

Indoor Track Meets-Kelly Family Turf Building

1 Campus Dr. Allendale, Michigan 49401

Track: 300m Mondo Super-X 14mm Surface

Aluminum Curbing /6 Lanes on the Oval/ 9 Lanes on the Sprint straight

Running:

60m Dash and 60m Hurdles will have prelims and finals

One heat of nine will run a final. Heat winners and top times will advance.

All others events are timed finals

Jumping:

Mondo rubber surface- Two pits (*East & West*)

LJ: Wood board at 8' from pit

TJ: Wood boards at 32'/40' from East pit. 36'/42' on West pit Taped boards TBA.

All meets will have prelims and finals

PV: 2 Raised runways on turf. Opening heights are TBA. (low pit/high pit)

Fields will be split in two with both men's or women's section jumping first depending.

HJ: One pit with mondo take-off area with some approach on the track

Right approach over 107' and a left approach over 52' must start on the track

Throws: Wood Circle with cage for the weight throw and Wood Circle for shot-put both on the turf.

Three throws with the top 9 throwers to finals

Weigh-in will be in the SW Corner of the LTB one hour prior to the event.

Timing: Finish Lynx

Large video board with results and live video (Results on board are not official until posted online)

Locker Rooms:

Lockers and showers available, bring your own towels and locks

Food Services:

Team food will be stored in the East classroom marker "Team Food".

NO FOOD WILL BE ALLOWED ON THE TURF OR TEAM CAMP AREA.

Concessions stand is located upstairs next to restrooms.

Parking:

Buses can drop off in front of the Baseball Field at the bus drop off zone. Bus parking is Lot B & B2

Spikes:

¼ Spikes are the longest. No CHRISTMAS TREE or NEEDLE/PIN Spikes. No Spikes allowed upstairs, the training room, locker rooms, or classrooms.

Results:

Will be posted across from the concession stand upstairs and on track level underneath the stairs.

Live results will be available on the web at www.gvsulakers.com on the track & field page. SID's can contact Tim Nott at sports information office @ (616) 331-3275 for additional results.

Admission:

NO SPECTATORS ON TRACK LEVEL! Standing room is available around the railing or in the main bleachers only. NO ATHLETES IN THE BLEACHERS.

Entry Procedure:

Teams and individuals wanting to enter must register online through www.directathletics.com

No high school athletes are allowed to run in college/open unless meet has standards that have been met.

If you are entering yourself into the meet as an unattached individual athlete, INDIVIDUAL or "RED SHIRT" athletes must register on their own via www.directathletics.com.

Final Entries are due via DA by the listed time/date each meet.

Scratches ONLY will be taken day with the clerk or event official.

Entry Fee:

ALL TEAMS AND INDIVIDUALS MUST PAY ONLINE VIA DIRECT ATHLETICS BEFORE THE LISTED TIME/DATE.

Please note a transaction fee will be added to your entry for DA processing cost. **NO DAY OF WALK-UPS.**

Enrolled Grand Valley Students with valid ID's are free. GV student must enter through the GVSU Running Club or email the meet manager before the listed registration deadline via email:

lou andreadis- ANDREADL@GVSU.EDU

Heat Sheets/Results:

Heat sheets will be posted and updated online. Live results will be on GVSULAKERS.com

Any scratches can be email to BALTESJ@GVSU.EDU

Warm-up/Team Camps:

Make all team camps on the turf inside the hurdles and cones. Keep a jogging oval around the team camps open for warm-ups and cool-down. No food on the turf! Access to the track level will be restricted to coaches, athletes, trainers, managers, and officials. NO ATHLETES IN THE UPPER BALCONY BLEACHERS!

ALLENDALE CAMPUS

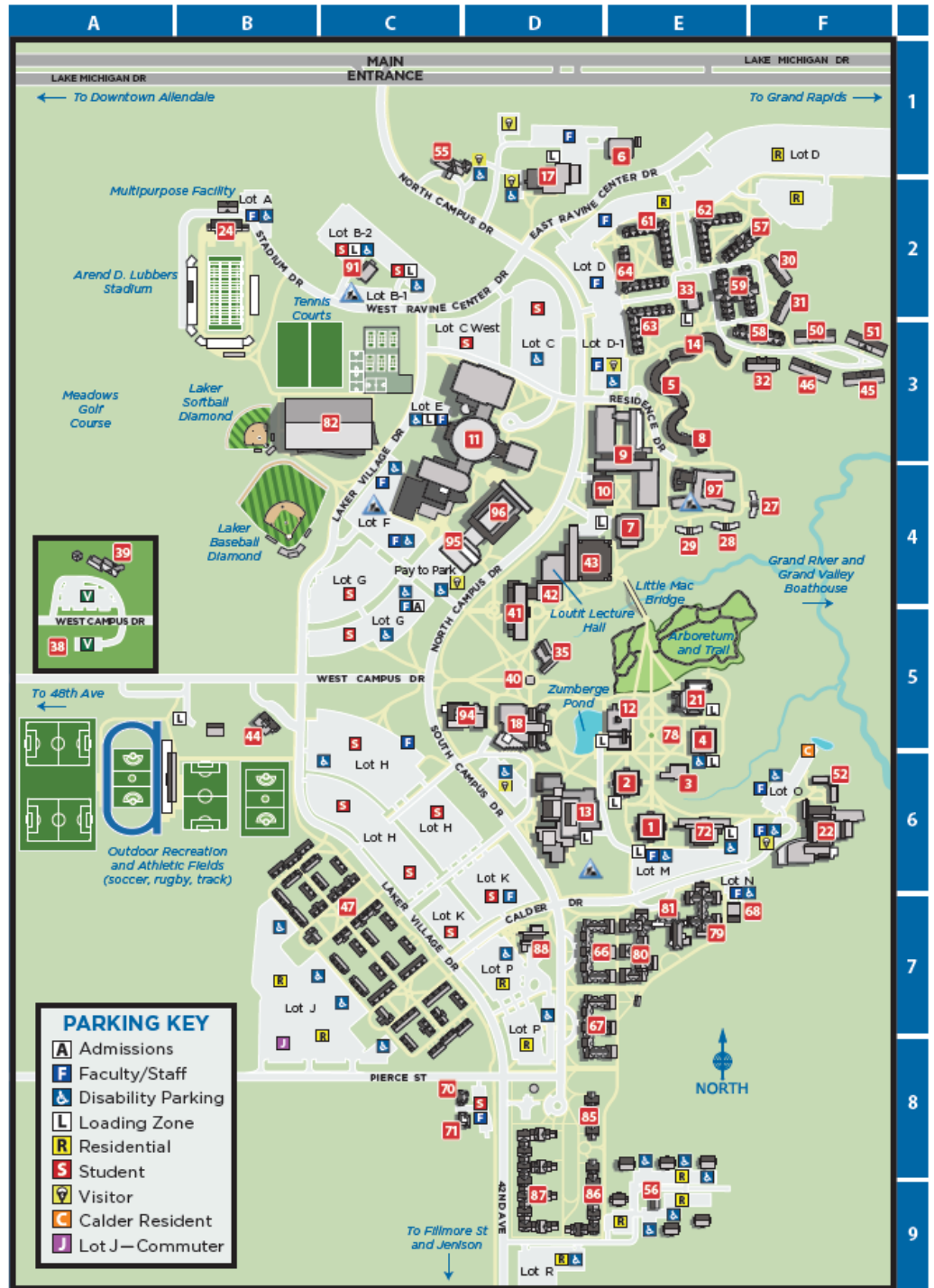
1 Campus Drive
Allendale, MI
49401-9403



BUILDING KEY

BUILDING NAME LOCATION*

(AH) Alumni House & Visitor Center.....	55	C1
(ASH) Au Sable Hall.....	21	E5
(CAC) Alexander Calder Fine Arts Center.....	22	F6
(CR) Alexander Calder Residence.....	52	F6
(AGS) Art Gallery Support Building.....	71	C8
(UHC) Campus Health Center.....	70	C8
(CUB) Central Utilities Building.....	6	E1
(CC) Children's Enrichment Center.....	44	B5
(COM) The Commons.....	7	E4
(CON) The Connection.....	88	D7
(CCT) Cook Carillon Tower.....	40	D5
(CDC) Cook-DeWitt Center.....	35	D5
(COP) James M. Copeland Living Center.....	5	E3
(DLC) Richard M. DeVos Living Center.....	30	F2
(SER) Facilities and Services.....	17	D1
(FH) Fieldhouse.....	11	D3
Arena		
Pool		
(RC) Recreation Center		
(FC) Football Center.....	24	B2
(FLC) Edward J. Frey Living Center.....	57	E2
(GVA) Grand Valley Apartments.....	56	E9
Great Lakes Plaza.....	78	E5
(HRY) Henry Hall.....	42	D4
(HLL) Arthur C. Hills Living Center.....	58	F3
(HLLC) Holton-Hooker Learning & Living Center.....	97	E4
(HLC) Icie Macy Hoobler Living Center.....	62	E2
(JLC) Paul A. Johnson Living Center.....	63	E3
(KTR) Kelly Family Sports Center.....	82	C3
(KC) Russel H. Kirkhof Center.....	18	D5
(KRP) William A. Kirkpatrick Living Center.....	50	F3
(KLC) Robert Kleiner Commons.....	33	E2
(KIS) Grace Olsen Kistler Living Center.....	14	E3
(KHS) P. Douglas Kindschi Hall of Science.....	96	D4
(WLC) Ella Koeze-Weed Living Center.....	61	E2
(LHH) Lake Huron Hall.....	4	E5
(LMH) Lake Michigan Hall.....	1	E6
(LOH) Lake Ontario Hall.....	72	E6
(LSH) Lake Superior Hall.....	2	E6
(LVA) Laker Village Apartments.....	47	D3
(MAK) Mackinac Hall.....	9	D3
(MPLC) Maple Living Center.....	27	F4
(MAN) Manitou Hall.....	10	D4
(LMP) The Marketplace.....	95	C4
(LIB) Mary Idema Pew Library Learning and Information Commons.....	94	C5
(MCH) Meadows Club House.....	39	A4
(MLC) Meadows Learning Center.....	38	A4
(MUR) Mark A. Murray Living Center.....	66	E7
(NMR) Glenn A. Niemeyer East Living Center.....	79	E7
(HON) Glenn A. Niemeyer Honors Hall.....	81	E7
(NMR) Glenn A. Niemeyer West Living Center.....	80	E7
(NLC) North C Living Center.....	59	E2
(OLC) Oak Living Center.....	28	E4
(OCC) Arnold C. Ott Living Center.....	64	E2
(RC) Outdoor Adventure Center.....	91	C2
(PAD) Seymour & Esther Padnos Hall of Science.....	43	D4
(PAC) Performing Arts Center & (LAT) Louis Armstrong Theatre.....	13	D6
(PNLC) Pine Living Center.....	29	E4
(PLC) Robert C. Pew Living Center.....	31	F2
(PKC) William F. Pickard Living Center.....	32	F3
(SER) Department of Public Safety.....	17	D1
(ROB) Kenneth W. Robinson Living Center.....	8	E3
(SH) Seidman House/Lemmen Library.....	3	E6
(SLC) Bill & Sally Seidman Living Center.....	46	F3
(SAC) South Apartments C.....	85	D8
(SAD) South Apartments D.....	86	D8
(SAE) South Apartments E.....	87	D8
(SUB) South Utilities Building.....	68	F7
(STA) Dale Stafford Living Center.....	51	F3
(STU) Student Services Building.....	41	D5
(SWN) Maxine M. Swanson Living Center.....	45	F3
(VLC) Ronald F. VanSteele Living Center.....	67	D7
(JHZ) James H. Zumberge Hall.....	12	E5



*The first "Location" number represents the number on the map. The second letter/number combination are grid coordinates.

9/7/2016