

# SMITH

## MARY GRINAKER INVITATIONAL

Indoor Track & Tennis Center | 102 Lower College LN, Northampton, MA 01063  
Saturday 2 December 2023

### CONTACT INFORMATION

Meet Director  
Meet Administrator  
Head Athletic Trainer

Chris Plankey  
Theresa Collins  
Deb Coutu

cplankey@smith.edu  
tcollins@smith.edu  
dcoutu@smith.edu

### REGISTRATION

Meet entries are due at 8:00pET on Wednesday 29 November and should be completed on DirectAthletics.com. *No Capped Entries*. Please reach out to Chris Plankey at cplankey@smith.edu with any potential overages by Tuesday 28 November. Your payment of 20\$/individual entry – capped at 400\$/gender – should be made out to Smith College Track & Field and mailed to the following address:

*Smith College Athletics  
Ainsworth Gymnasium  
Attn: Donna Gingras  
102 Lower College LN  
Northampton, MA 01063*

### COMPETING TEAMS

Fitchburg (M&W)  
Hampshire (M&W)  
Keene (M&W)  
Mount Holyoke (W)

Smith (W)  
Trinity (M&W)  
Wellesley (W)  
Worcester (M&W)

UMass Amherst Club  
(M&W)

### TIMING SERVICE

Speed Sport timing will be managing our timing and recording services. Results from the Mary Grinaker Invitational will be found at <https://www.sstresults.com>.



## **PARKING**

In accordance with Smith College Athletics protocols, we ask that you arrive no earlier than 8:30a. Buses will drop off passengers along Lower College Lane and competitors will enter/exit the Indoor Track & Tennis Center at the glass door entrance located at H4 on the attached map. Buses will then park at the Equestrian Facility located at 176 West ST, Northampton, MA 01060 and return for pick-up at the conclusion of the competition. Van parking is available in the Ainsworth Gymnasium parking lot along Lower College Lane.

## **CONTESTED EVENTS**

Below you'll find a list of contested events. A timed schedule for this non-scoring meet will be provided after entries are complete.

### **FIELD EVENTS | *Starting at 10:30a***

Pole vault (W then M)

Weight throw (M then W)

Shot put (M then W) *following weight throw*

Long jump (M then W)

Triple jump (M then W) *following long jump*

High jump (W then M)

### **TRACK EVENTS | *Starting at 12:30p***

60mH prelims (M then W)

60m prelims (W then M)

4x200mR (W then M)

Mile (W then M)

400m (W then M)

60mH finals (W then M)

60m finals (W then M)

800m (W then M)

1k (W then M)

200m (W then M)

3k (W then M)

4x400mR (W then M)

