

## Cal All-Comers

### 2/4/23 & 2/18/23 Time Schedule & Order of Events

#### Field Events

Male division, open to youngest competed first; female division, open to youngest follows

Four attempts per athlete in the horizontal jumps & throws.

**Throws: Weigh-ins are 7am to 1pm ONLY.**

**Jumps: LJs and TJs will have open pits – All jumps must be contested within the open pit windows.**

8am	Hammer
10am	Pole Vault: 2 mixed-gender flights separated by opening heights of 7' & 10' (i.e., 10' opening competition follows completion of the lower section).
10am	High Jump: 1 mixed-gender flight Opening at lowest entry and progressing
10am	Shot Put
10:30 am – 1pm	Open Long Jump ( <b>Triple Jump to Follow</b> )
11am	Javelin
	Discus to follow
2pm	Weight Throw

#### TRACK EVENTS

Male division, open to youngest competed first; female division, open to youngest follows

**9:30am Race Walk - February 4, 2023- 1500m - Womens followed by Mens**  
**February 18, 2023 - 1 mile - Womens followed by Mens**

#### **10:30am start of rolling schedule**

3000m  
4x100m Relay  
1000m (**February 4th only**), 1500m (**February 18th only**)  
60mHH  
400m  
60m  
800m  
300mIH  
200m  
4x400m Relay