

Cypress Creek Invitational 3/7/19

2nd Annual Cypress Creek Track and Field Invitational will be held on March 7th, 2019. We have an 8 lane all weather track. There will be a full concession stand and coaches hospitality room. The facility is located on the north side of Cypress Creek Middle High School, 8701 Old Pasco Road, Wesley Chapel, FL 33544. The entry fee is \$125 per school or \$80 per gender. Please contact Coach John Hoffman @ 813-346-4400 or jhoffman@pasco.k12.fl.us or Coach Bryan Patterson eer4life03@yahoo.com with any questions.

Entries are limited to 4 per event per school, 1 relay team per school. Long Jump, Triple Jump, Shot Put, and Discus events will be run as finals only with 4 attempts for each athlete. All running events will be girls followed by boys, timed final only.

3:30 PM Coaches Meeting

4:00 PM Field Events

Girls / Boys Long Jump, Triple Jump to follow

Boys Discus, Girls to follow

Girls Shot, Boys to follow

Girls Pole Vault, Boys to follow

Boys High Jump, Girls to follow

Long Jump, Triple Jump, Shot Put, Discus 4 attempts each athlete, no finals

4:30 PM

Running Events (all events will be girls followed by boys.... all races run as a timed final)

4 x 800m Relay

5:00 PM (Rolling Schedule)

100m Hurdles

110m Hurdles

100m Dash

1600m Run

4 x 100m Relay

400m Dash

300m Hurdles

800m Run

200m Dash

3200m Run

4 x 400m Relay