

Bethel University

Blue and Grey Classic

Wednesday March 29, 2023

Location: Lehman Family Training Center
705 W. Lowell Ave
Mishawaka, IN 46545

Entry Fee:

Cost is \$25.00 per individual entry up to \$200.00 max per male or female team

Please contact danny.wilkerson@betheluniversity.edu on any questions

Checks can be made out to: **Bethel Track and Field**

Entries:

All entries are made through direct athletics at www.directathletics.com

Entries must be submitted by Wednesday at 6pm.

Team Camps:

Will take place inside the Lehman Center as needed. There is an area for food.

Order of events and schedule: All jumping events will take place indoors – Throwing Events Outside

Men's Long Jump: 1:00 pm (woman to follow)

Woman's Pole Vault: 1:00 pm (Men to follow)

Triple Jump: 30 min after completion of long jump

Men's High Jump: Estimated 4:00 start (woman to follow) – will run as soon as LJ/TJ are completed.

Men's Discus: 1:00 pm (woman to follow)

Men's Javelin: 30 mins after completion of Discus (woman to follow)

Men's Hammer: 30 mins after completion of Javelin (woman to follow)

Men's Shot: 30 mins after completion of javelin or HJ if we move inside (woman to follow)

Time Schedule Subject to change based on weather issues

General Information: Coaches, please help with enforcements

Spikes are to be no more than 1/4" in length and should be pyramids. Please no needles or "Christmas Tree" spikes. Spikes will be checked before the start of the race and at Check In.

Implements need to be weighed in on arrival. **Please make sure to bring indoor and outdoor shots!!!**

Cardio/Weight Room is a NO SPIKE ZONE and off limits for use at any time.

Parking will be very congested around the Lehman Family Training Center.

Only water allowed on the track and turf area.

About the Lehman Athletic Center:

State of the Art Training Center featuring a 6 lane 120m Straightaway featuring the Beynon BS 1000 Hobart running surface. Building has a dedicated Long Jump and Pole Vault areas for practice and competition. Turf area for throwing and rehab activities. Center also features a weight room, cardio area, performance lab, offices and hang out lounge for athletes. The building is 65' wide so space will be limited to competing athletes, coaches and spectators only. Policy may change as we offer more opportunities into the future.

Spectator Policy:

We will allow spectators into the facility to watch each session, but the number will be limited per session due to space and to ensure enough space for the competing athletes and coaches. The cost is \$6.00 per person per session to enter the building to watch live. We are going to attempt to live stream all of the events.