## AVE INVITE



#### Hosted by

### Ave Maria University and Rhodora J. DONAHUE Academy

#### AT NORTH PARK IN

AVE MARIA, FL 34142



# Saturday, September 28, 2019

8000m Collegiate Men's Course	<u> </u>	5000m HS Course	-	2mi MS Course	~	1 mi GS Course
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Schedule:	7:20	Men's Collegiate 8K
	7:50	Women's Collegiate 5K
	8:20	Girls HS Varsity 5K (10 runners allowed)
	8:50	Boys HS Varsity 5K (10 runners allowed)
	9:25	Open HS 5K (no team scoring)
		HS Awards following HS races
	10:00	Girls MS Varsity 2 mi (7 runners allowed)
	10:25	Boys MS Varsity 2 mi (7 runners allowed)
	10:50	Open MS 2 mi (no team scoring)
		MS Awards following MS Races
	11:00	Open GS 1 mi Race (no team scoring)

<sup>\*</sup> Runners may be cleared after 35 minutes of start time in all 5K races and after 25 minutes on 2 mi.

FEES: HS Team: \$100/gender or \$150 for both teams

MS Team: \$50 per team

**GS** Entries Free

Awards: Medals for Top 10 Individuals in HS and MS Varsity Races

Team Trophies awarded to 1st, 2nd, and 3rd Place Teams in scored races Participation Ribbons to first 25 runners to finish the GS 1 mi race

Course: The course will be primarily grass, starting and finishing on the park's soccer field,

but including a stretch on a wide-grass path through woods to the east of the park. There is a turnaround on this stretch since canals on either side of the path prevent

us from creating a loop. Timing provided by TimeSpann Meet Management.

Directions: Take I-75 to Immokalee Rd. exit 111. Head east for 10 miles. Take a right onto Oil Well

Rd. After 10 miles, turn left onto Ave Maria Blvd. Follow this for about 3.5 miles through the rotary. Take a right on Anthem Parkway and then a quick left at the sign

for North Park. The course will begin in the soccer fields.

CONTACTS: Athletic Director, Janet DeLiso (239) 842-3237

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Donahue Coach, Cassie Graham (786) 540-3601

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AMU Coach, Liz Feger (570) 575-3092

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Registration closes Tuesday, Sept 24, 2019 at 11:59pm