



Adelphi Short-Course Showdown

Benefitting Adelphi Morgan's Message

Friday, October 23rd, 2026

Site: Bethpage Polo at the Park, Bethpage, NY

***This is the site of the NCAA D1 Northeast Region Championships, CAA Championships**

(both hosted by Hofstra)

plus, the Northeast-10 Conference Championships, & NCAA D2 East Region Championships for 2026

(both hosted by Adelphi)

Schedule: 2:00pm Men's **5k** Race
 3:00pm Women's 5k Race
 4:15pm Awards

Course: Course map available in the meet packet & on Direct Athletics

Entry Fee: \$250 per team (5+ athletes) (\$250 for Men and Women)
 \$50 per individual (Unattached/club athletes - must pay through DA)
 \$10 for Adelphi XC/Track Alumni
 Teams will pay through Direct Athletics (credit card) at the time of entry.
 These are **ENTRY fees**, and **not participation fees**.

Entry Directions: All entries should be submitted through Direct Athletics.
 *Entries close on **Tuesday, October 20th, 2026, at 12:00pm**.*

Timing/Results: Timing services will be provided by **Elite Feats**
 Results will be posted on TFRRS/Direct Athletics & EliteFeats.com

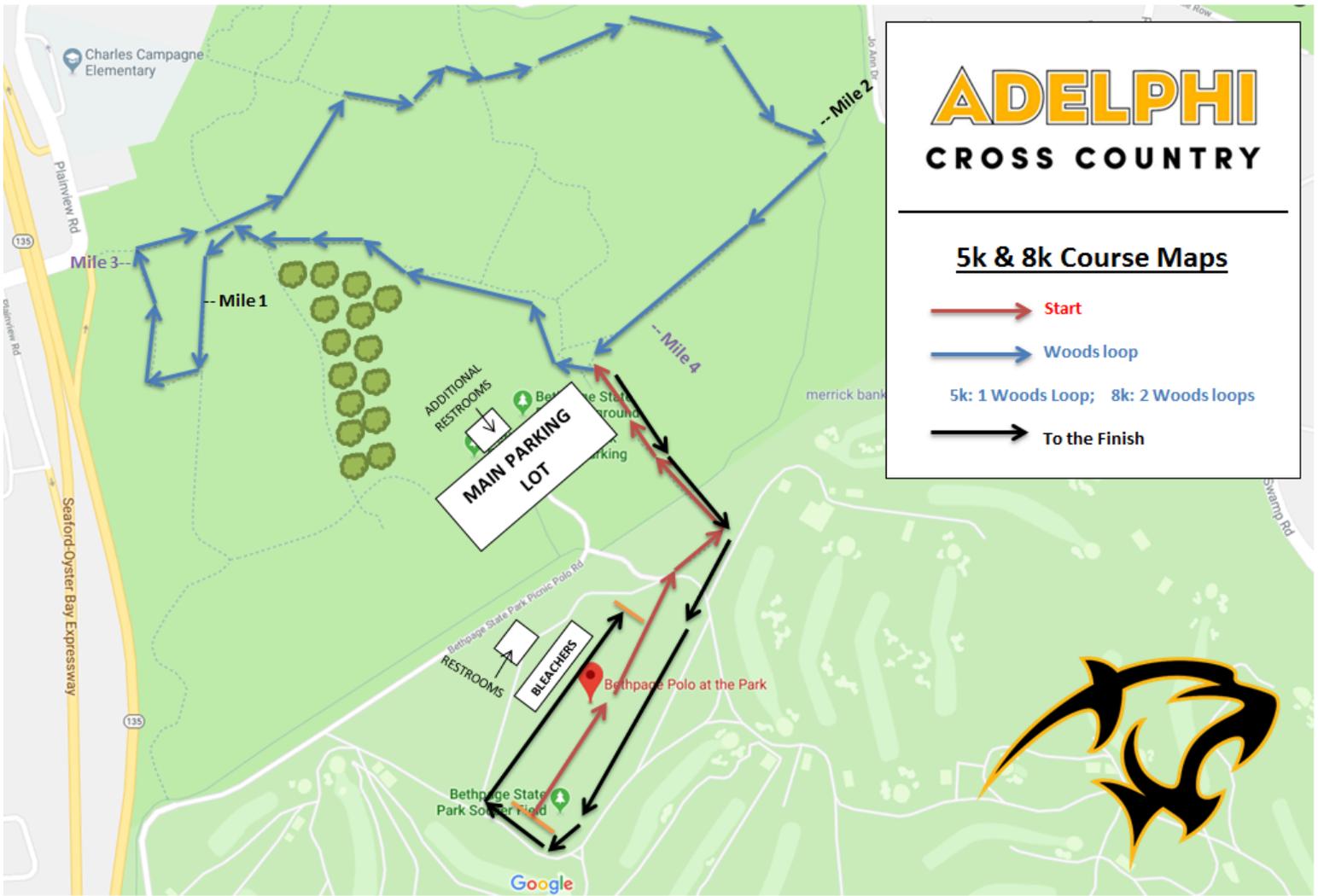
Trainers: Athletic Training staff will be on duty at the finish area from 12pm-5pm.

Parking (spectators): \$8 Parking Fee (all spectator cars) - no charge for team vans/buses

Awards: T-shirts to the top 15 collegiate athletes in each race
 Team award to the top 2 women's and men's teams

*Please note: This meet takes place on the normal D2 conference weekend (in non-festival years). The men's distance WILL count for sport sponsorship & NCAA championship qualifying purposes, however the distance is too short to count toward at-large bid points.

Information: Katie Rees krees@adelphi.edu



2026 List of interested teams by Division/Conference @ Adelphi Short Course Showdown (TBD)

NCAA D1	NCAA D2 (Conference)	NCAA D3	NJCAA/USCAA
	Adelphi (NE-10)		