



GRAND VALLEY STATE *Al Owens Classic*

Friday/Saturday April 10-11, 2026

In Accordance with the NCAA Rule Book

Grand Valley State meet management designates video review allowable anywhere in the facility that is not on the runway, circle, or jumping area, as well as the track when it is in use. Please consult the field event official if you have questions.

We monitor weather and adjust schedule as needed to provide the best opportunity to compete.

FRIDAY

12pm Hammer Women 1st Men to follow

12pm Javelin Men 1st Women to follow

1pm Triple Jump Men 1st Women to follow

SATURDAY

11:00am Shot Put Men 1st Women to follow

11:00am Discus Women 1st Men to follow

*** Invite sections of throws will be placed at best spot based on weather/ field sizes**

11:00am Long Jump- Women 1st Men to follow

11:00am High Jump- Men 1st Women to follow **If needed we will split into two flights in the HJ with a "High Flight" and "Low Flight"**

12:00pm Pole Vault- Men 1st Women to follow

11:00am 100/110m Hurdles- Prelims (if necessary)

100m- Prelims (if necessary)

5000m-

1:00pm 400m Relay

1500m

400m

100/110m Hurdles- Finals

100m- Finals

800m

400m Hurdles

200m

3000m Steeplechase

1600m Relay

100m Dash and 100/110m Hurdles

If more runners report to the check-in than lanes on the track (9) there will be prelims, and finals will follow after the 400m. If nine or less people report at check-in, it will be run as a timed final before the 5k.

Watch direct athletics to see how many are entered in each event.

**GRAND VALLEY
STATE™
TRACK & FIELD**