



# SVSU Jet's Pizza Invitational - Friday, January 31<sup>st</sup> - Saturday, February 1<sup>st</sup>

## Day 1

### Combined Events

#### Women's Pentathlon - 11:00 AM

60m Hurdles  
High Jump  
Shot Put  
Long Jump  
800m Run

#### Men's Heptathlon - 11:30 AM

60m Dash  
Long Jump  
Shot Put  
High Jump

### Field Events

**3:00 PM Pole Vault - Women followed by Men**

**4:00 PM Weight Throw - Men followed by Women**

**5:00 PM Long Jump - Women (south pit) and Men (north pit)**

### Running Events - 5:00 PM

**Women run 1<sup>st</sup> in all events**

Distance Medley Relay

60m Hurdle Prelims - Top 8 times advance to final

60m Dash Prelims - Top 8 times advance to final

5000m Run

200m Dash Prelims - Top 8 times advance to final



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## Day 2

### Combined Events

#### Men's Heptathlon - 10:00 AM

60m Hurdles  
Pole Vault  
1000m Run

### Field Events

11:00 AM High Jump - Women (west pit) and Men (east pit)  
11:00 AM Shot Put - Women followed by Men  
1:00 PM Triple Jump - Men followed by Women

### Running Events - 1:00 PM

Women run 1<sup>st</sup> in all events

Mile Run  
60m Hurdle Final  
60m Dash Final  
400m Dash  
800m Run  
200m Dash  
3000m Run  
4x400m Relay