



Distance In the Dark-

Thursday, March 23rd, 2023

Thursday night's "Distance in the Dark" distance carnival will be run at Mesa Community College!

Distance In the Dark: FINAL SCHEDULE!!!!

7:00 PM 3000m Steeplechase (W)- Section 1

7:35 PM 1500m (W)

7:45 PM 1500m (M)

8:05 PM 5000m (W)

8:35 PM 5000m (M)

9:05 PM 10000m (W/M- Combined)

We will stay on time with the event schedule (we will not go ahead of the scheduled start times for each event)!

Cody McBride Invitational Track & Field Meet

Thursday/Saturday, March 24th- 26th, 2022



Saturday, March 26th, 2022- FINAL SCHEDULE!!!

Field Events:

- 9:00 AM HAMMER (Women followed by Men)
- 9:00 AM JAVELIN (Men followed by Women)
- 9:00 AM POLE VAULT (Women followed by Men)
- 10:00 AM LONG JUMP (Women followed by Men)
- 11:00 AM HIGH JUMP (Women followed by Men)
- 11:00 AM SHOT PUT (Women followed by Men)
- 11:00 AM DISCUS (Men followed by Women)
- 11:30 AM TRIPLE JUMP (Women followed by Men)

Saturday, March 26th, 2022- FINAL SCHEDULE!!!

Track Events:

- 9:00 AM 3000m Steeplechase (M)
- 9:20 AM 3000m Steeplechase (W)- Section 2
- 9:45 AM 4X100 RELAY (M)
- 10:05 AM 110 HURDLES (M)
- 10:15 AM 100 HURDLES (W)
- 10:25 AM 400 (M)
- 10:30 AM 400 (W)
- 10:40 AM 100 (M)
- 10:50 AM 100 (W)
- 11:00 AM 800 (M)
- 11:15 AM 800 (W)
- 11:25 AM 400 HURDLES (M)
- 11:35 AM 400 HURDLES (W)
- 11:45 AM 200 (M)
- 12:00 PM 200 (W)
- 12:10 PM 4X400 RELAY (M)