

Cody McBride Invitational Track & Field Meet

Thursday/Saturday, March 24th - 26th, 2022



Meet Info: Paradise Valley Community College will host the ***Seventeenth Annual Cody McBride/Distance In the Dark Invitational*** track and field meet on Thursday, and Saturday, March 24th, and 26th, 2022! This meet will include a Thursday evening “***Distance in the Dark***” session at Mesa Community College, with the remainder of the open events, on Saturday, at the Paradise Valley Community College Track and Field Facility.

Meet entry: All athletes should be entered through **DirectAthletics** at **directathletics.com**. Meet entry will close Wednesday, March 23rd, 2022, at 11:59 P.M. Any changes to meet entries after March 23rd, must be approved by Coach David Barney.

Entry Fees: Individuals- \$25.00 per athlete
Teams-\$250.00 per team, per gender

Timing: All timing will be done electronically by *Wingfoot Finish* Timing.

Entry List and Heat Sheets: We will post meet entries and heat sheets by Friday (3/25/22) at: live.wingfootfinish.com:

Results: Live results may be found at: live.wingfootfinish.com/
Final results will be posted on directathletics.com, TFRRS.org, and the Region I website.

Time Schedule: We will stay on time with the event schedule (we will not go ahead of the scheduled start times for each event)

Distance In the Dark-

Thursday, March 24th, 2022



Thursday night's "Distance in the Dark" distance carnival will be run at Mesa Community College!

Distance In the Dark:

7:00 PM 3000m Steeplechase (W)

7:20 PM 3000m Steeplechase (M)

7:35 PM 1500m (W)

7:45 PM 1500m (M)

8:05 PM 5000m (W)

8:35 PM 5000m (M)

9:05 PM 10000m (W/M- Combined)

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Cody McBride Invitational

Track & Field Meet

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Saturday, March 26th, 2022

Field Events:

- 9:00 AM HAMMER (Women followed by Men)
- 9:00 AM JAVELIN (Men followed by Women)
- 9:00 AM POLE VAULT (Women followed by Men)
- 10:00 AM LONG JUMP (Women followed by Men)
- 11:00 AM HIGH JUMP (Women followed by Men)
- 11:00 AM SHOT PUT (Women followed by Men)
- 11:00 AM DISCUS (Men followed by Women)
- 11:30 AM TRIPLE JUMP (Women followed by Men)

Saturday, March 26th, 2022

Track Events:

- 9:00 AM 4X100 RELAY (M)
- 9:10 AM 4X100 RELAY (W)
- 9:20 AM 110 HURDLES (M)
- 9:35 AM 100 HURDLES (W)
- 9:50 AM 400 (M)
- 10:10 AM 400 (W)
- 10:20 AM 100 (M)
- 10:35 AM 100 (W)
- 10:45 AM 800 (M)
- 10:55 AM 800 (W)
- 11:10 AM 400 HURDLES (M)
- 11:25 AM 400 HURDLES (W)
- 11:40 AM 200 (M)
- 11:55 AM 200 (W)
- 12:10 PM 4X400 RELAY (M)
- 12:20 PM 4X400 RELAY (W)