

**ROYAL INVITATIONAL @ The First Academy 2667 Bruton Blvd Orlando, FL**

March 28<sup>th</sup>, 2026 \$150 Per Team (Girls Or Boys) \$300 Per School (Girls And Boys)

Limit 22 teams

**This meet will be a regional quai**

3 athletes per event

8:00am **ALL GATES OPEN**

8:30am **Coaches Meeting**

9:00am 4x800 Relay (**Final**) Girls and Boys

Pole Vault---Finals Girls

Discus---Finals Girls

Shot Put---Finals Boys

High Jump---Finals Boys

Long Jump---Finals Girls and Boys

10:30am Pole Vault---Finals Boys

Shot Put---Finals Girls

Discus---Finals Boys

High Jump---Finals Girls

Triple Jump---Finals Girls and Boys

Javelin---Finals (Girls followed by Boys)

**12:00pm INTERMISSION---National Anthem**

12:30pm FINALS--ROLLING SCHEDULE

100 Meter Hurdles---Girls

110 Meter Hurdles---Boys

Teahna Daniels 100 Meter Dash---Girls

Teahna Daniels 100 Meter Dash---Boys

Ted Benz's 1600 Meter Run

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4x100 Meter Relay---Girls

4x100 Meter Relay---Boys

400 Meter---Girls

400 Meter---Boys

400 Meter Intermediate Hurdles---Girls

400 Meter Intermediate Hurdles---Boys

800 Meter---Girls

800 Meter---Boys

200 Meter---Girls

200 Meter---Boys

Payne Stewart 3200 Meter---Girls

Payne Stewart 3200 Meter---Boys

4x400 Meter Relay---Girls (Heats will be ran slowest to fastest)

4x400 Meter Relay---Boys (Heats will be ran slowest to fastest)

**TROPHY AWARDS**

Team Championship Girls and Boys/Team Runner up Girls and Boy

Top 3 finishers (each event) medals

Contact for questions

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