

Brooks Johnson Showcase Regional Qualifier Meet Schedule

March 28 2026 Gates open 7:00am

Meet schedule is subject to change by entries. Any schedule changes will Be made at the coaches meeting the morning of the meet.

8:00am Discus Throw Finals B

(Girls to follow) G

Shot Put Finals G

(Boys to follow) B

Long Jump Finals G & B

(Triple Jump Finals G & B

Pole Vault Finals G

(Boys to follow) B

High Jump Finals G

(Boys to follow) B

Javelin Finals G

(Boys to follow) B

Running events starts at 10:00am

10:00am 100 Meter High Hurdles Girls prelims

10:10am 110 Meter High Hurdles Boys prelims

10:20am 100 Meter Girls prelims varsity

10:25am 100m Girls freshman Sophomore

10:30am 100m Dash Boys prelims freshman sophomore

10:35am 100m Dash Boys varsity Prelims

10:45am 2000m Steeplechase Boys

11:00am 2000m steeplechase Girls

11:20am 400m Girls prelims freshman sophomore

11:30am 400m Girls Varsity prelims

11:40am 400m Boys prelims freshman sophomore

11:50am 400m Boys Varsity prelims

12:00am 3200m Girls finals Girls freshmen sophomore prelims

12:00am 3200m Girls finals varsity

12:20am 3200m Boys finals freshman sophomore

12:20am 3200m Boys finals varsity

12:35am 200m Girls freshmen sophomore prelims

12:40am 200m Varsity Girls prelims

12:50am 200m Boys Freshman Sophomore prelims

1:00pm 200m Boys Varsity prelims

1:15pm 800m Sprint medley 100-100-200-400

1:20pm 800m Sprint medley 100-100-200-400

1:25pm 4x800m girls

1:35pm 4x800m boys

1:45pm 4x200m girls

1:50pm 4x200m boys

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Finals start at 2:50pm national anthem

3:00pm 100m Girls Freshman sophomore Finals

3:05pm 100m Girls varsity finals

3:10pm 100m Boys Freshman sophomore Finals

3:15pm 100m Boys Varsity finals

3:20pm 800m girls all division

3:35pm 800m boys all division

3:50pm 4x100m Girls freshman sophomore

3:55pm 4x100m girls varsity

4:00pm 4x100m Boys freshman sophomore

4:05pm 4x100m Boys Varsity

4:10pm 400m Girls freshman sophomore final

4:20pm 400m Girls varsity finals

4:25pm 400m Boys freshman sophomore finals

4:30pm 400m 400m Boys varsity finals

4:40pm 400m Hurdles Girls Finals

4:50pm 400m Hurdles Boys Finals

5:05pm 200m Girls freshman Sophomore finals

5:10pm 200m Girls varsity finals

5:15pm 200m Boys freshman Sophomore finals

5:20pm 200m Boys Varsity Finals

5:30pm 1600 Meter Girls freshman Sophomore finals

5:30pm 1600 Meter boys freshman Sophomore finals

5:40pm 1600m Boys freshman sophomore

5:40pm 1600m Boys Varsity

5:55pm Frosh/Soph 4 X 400 Meter Relay girls

5:55pm Frosh/Soph 4 X 400 Meter Relay Boys

6:00pm 4x4 relay Girls varsity

6:05 pm 4x4 relay Boys varsity

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Registration on direct athletics Entries close March 26 @ 11:59pm

Registration

- Team Limit: Limited to the first 16 teams to register.
- Entry Fee: \$560 per school (both teams) or \$280 for a single team.
- Payment: Make checks payable to Wrk Daily Inc.
- Mailing Address: 513 Pinnacle Cove Blvd #108, Orlando, Florida 32824.
- Orange County Schools Vendor #: 148287.
- Shoe Drive Discount: Teams participating in our shoe drive for families in need and the homeless, children will receive a discounted entry registration of \$350 per school to register for the event which is \$175 per gender. For agreeing to bringing a minimum of 30 pairs of any kind of used footwear,

Example Sandals ,sneakers, any type of boots, heels, dress shoes, crocs, any type of cleats, spikes, any shoes will work for the shoe drive just no shoes with holes, muddy, broken or not a pair.

Please contact me at hamp365247@gmail.com for details.
Or text 951-337-3729

Please bring checks to coaches meeting

Shoes collected for the shoe drive can be drop off at the meet when teams arrive.

Entries:

- Varsity: 8 entries per gender.
- Freshman/Sophomore: 6 entries per gender.
- Relays: 2 relays per division.

Running events

2000m steeplechase

100m 400m 200m

1500m 800m 3200m

4x4 4x8 4x2 4x1 sprint medley (1-1-2-4)

800m

100m hurdles 110m hurdles 400m hurdles

Assigned team tent spots in team area.

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