



- Date:** April 17<sup>th</sup>, 2026
- Entry Fee:** \$500/Gender
- Spectator Fee:** \$10/visitor (If you are not competing or with the coaching staff)
- Concessions:** Will be available
- Entry Deadlines:** Entry deadline will be April 13<sup>th</sup>, 2026
- Entry Limits:** Unlimited athletes per event per school and 1 relay team per school
- Parking:** Parking will be available on the main campus towards the back of the school and overflow parking at Elon School across the train tracks
- Facility Layout:** All Throwing events will take place on the main campus next to the tennis courts. All running events will take place at the stadium.
- Starting Heights:** Starting heights will be decided based on entries.
- Implements:** All implements must be weighed in before competition begins, at the main track at the start of the sprints. Implement weigh in starts at 8:00 a.m.
- Check-in:** 30 minutes before the events. Field Events check in at the venue  
Running events check in at the start of the 100m dash.
- Athletic Training:** Trainers will be available during the meet. They will be located in the field house near the start of the 100m. If you need to be taped, please bring your own tape.
- Spikes:** Athletes will be permitted to use only ¼ inch pyramids. Judges and clerks will be checking shoes at check-in for each event. Athletes will be disqualified for illegal spikes.

## Tentative Schedule

<b>Time</b>	<b>Field Events</b>
10:00 a.m.	LJ (Men and women together)
10:00 a.m.	HJ (Women followed by Men)
10:00 a.m.	Shot Put (Men followed by Women)
10:00 a.m.	Discus (Women followed by Men)
1:00 p.m.	Javelin (Women followed by Men)
12:00 p.m.	Triple Jump (Women and Men together)
2:00 p.m.	Pole Vault (Women followed by men)

### **Rolling Schedule starts at 11:00a.m. (Women followed by Men)**

Women's 4x100m Relay Finals

Men's 4x100m Relay Finals

Women's 100m Hurdles

Men's 110m Hurdles

Women's 1500m Run

Men's 1500m Run

Women's 400m Dash

Men's 400m Dash

Women's 100m

Men's 100m Dash

Women's 800m Run

Men's 800m Run

Women's 400m Hurdles

Men's 400m Hurdles

Women's 200m Dash

Men's 200m Dash

Women's 3000m Run

Men's 3000m Run

Women's 4x400m Relay

Men's 4x400m Relay