

WCU Last Chance

Friday, May 8th, 2026

ENTRIES

All entries will be done via DirectAthletics.

- **Entry Deadline is Wednesday, May 6th, 2026 at 11:59 PM.**
- *No additions/changes after the deadline—only scratches please!*
- **THROWS WILL BE LIMITED TO 3 FLIGHTS PER EVENT**

ENTRY FEE

\$400 per team (men & women are separate teams) or \$40 per entry.

Payment is to be made via Direct Athletics

FACILITIES

- The Farrell Stadium Outdoor Track is an eight-lane Mondo surface.
- All results will be displayed live on our new video board!
- 1/4” pyramid spikes ONLY.
- Gill Fusion starting blocks will be provided. **No other blocks will be allowed.**

RACE DAY INFORMATION

- Track Athletes may pick up their hip numbers at least 30 minutes prior to their scheduled event at the check-in tent located on the football field. Field Athletes must check in at the event site at least 30 minutes prior to their scheduled event.
- All Athletes will be called to the start 10 minutes prior to the start of their event.
- Heats will be seeded Fast to Slow, and Flights will be seeded Worst to Best.

CONTACTS

Colin Leak	Director of Track & Field	cleak@wcupa.edu	610-764-5875
Jess Leak	Meet Director	trackandfield@wcupa.edu	610-322-9368
Andy Huber	Officials Director	ahuber@wcupa.edu	
Rebecca Novak	Athletic Training	rnovak@wcupa.edu	

PARKING

There is sufficient parking for cars, vans, and buses in the lots in front of and below the stadium.

See full venue map for details.

ATHLETIC TRAINING

West Chester University Sports Medicine Department will be providing day of athletic training services at all WCU Track and Field home events. A Sports Medicine tent will be set up near the meet check-in tent. The tent will have a certified athletic trainer, water, ice, treatment table, AED, and first aid supplies.

If your team may need any taping, please email Rebecca Novak at rnovak@wcupa.edu prior to the event with a list of taping needs. Athletes can report to the Sports Medicine tent for taping throughout the day as they may need, and should **come prepared with the appropriate taping supplies.**

A certified athletic trainer will be based near the hammer and discus throwing area, and available via radio if not directly present at the throwing area.

An athletic trainer may be present at the javelin area, but if not a radio will be placed on the water cooler for direct contact with the AT located at the main track.

Attached you will find the Emergency Action Plans for each venue, Farrell Stadium (track), softball fields (throws) and Rockwell Soccer Stadium (javelin). There will not be EMS on site for home track events. In the event you may need emergency care offsite please find the information below for local hospital and urgent care facilities.

If you have any further questions, please contact Rebecca Novak via email at rnovak@wcupa.edu or call at 610-436-3329.

Hospitals:

Chester County Hospital
701 E Marshall St
West Chester, PA 19380
610-431-5000

Urgent Care:

AFC Urgent Care West Chester
510 E Gay St
West Chester, PA 19380

Directions / Map

**From US 202: Come High Street to ROSEDALE Avenue through our campus.
(GPS may try to take you down 'Spruce Street' near the WCU Diner (Purple and Gold,
next to Wawa). DO NOT TAKE THIS ROUTE WITH A BUS)**

Track Address: 855 S New Street, West Chester PA

Javelin Address: At practice football fields behind the stadium.

Hammer/Disc Address: 844 S New Street (Gets you NEAR the parking lot ACROSS the street from the softball complex. You can drop off here, cross New and walk down to the field.) DO NOT ENTER road near tennis courts with a bus!!



WCU Last Chance Meet
Friday, May 8th, 2026

Tentative Schedule

A time schedule will be sent out after entries close Wednesday night
We will not run more than 15min ahead of schedule

TRACK EVENT SCHEDULE

11:00 AM W 4x100m Relay
followed by M 4x100m Relay

followed by W 1500m Run
followed by M 1500m Run

followed by W 100m Hurdles
followed by M 110m Hurdles

followed by W 400m Dash
followed by M 400m Dash

followed by W 100m Dash
followed by M 100m Dash

followed by W 800m Run
followed by M 800m Run

followed by W 400m Hurdles
followed by M 400m Hurdles

followed by W 200m Dash
followed by M 200m Dash

followed by W 5,000m Run
followed by M 5,000m Run

FIELD EVENT SCHEDULE

9:00 AM M Shot Put
followed by W Shot Put

9:00 AM W Discus
followed by M Discus
followed by W Hammer
followed by M Hammer

10:00 AM W Pole Vault
followed by M Pole Vault (*1 hr after W PV*)

10:30 AM W High Jump
followed by M High Jump (*1 hr after W HJ*)

10:30 AM M Long Jump
followed by M Triple Jump (*30 min after M LJ*)

10:30 AM W Long Jump
followed by W Triple Jump (*30 min after W LJ*)

1:00 PM W Javelin
followed by M Javelin