



**AUTO-OWNERS INSURANCE SPARTAN INVITATIONAL**  
 FRIDAY, APRIL 3 | RALPH YOUNG FIELD | EAST LANSING, MI

**TENTATIVE SCHEDULE**

FIELD EVENTS		
TIME	EVENT	LOCATION
10:00 AM	HAMMER (W) - 1 flight	MUNN
	SHOT PUT (M) - 1 flight	OUTDOOR TRACK
	LONG JUMP (W)	OUTDOOR TRACK
11:00 AM	POLE VAULT (M)	OUTDOOR TRACK*
	HIGH JUMP (W)	
11:45 AM	HAMMER (M) - 1 flight	MUNN
11:45 AM	SHOT PUT (W) - 1 flight	OUTDOOR TRACK
12:30 PM	LONG JUMP (M)	OUTDOOR TRACK
1:30 PM	DISCUS (W) - 1 flight	MUNN
1:30 PM	JAVELIN (M) - 1 flight	
2:00 PM	POLE VAULT(W)	OUTDOOR TRACK*
	HIGH JUMP (M)	
2:45 PM	TRIPLE JUMP (W)	OUTDOOR TRACK
3:15 PM	JAVELIN (W) - 1 flight	MUNN
3:15 PM	DISCUS (M) - 1 flight	
4:00 PM	TRIPLE JUMP (M)	OUTDOOR TRACK

**(Throws & Horiz. Jumps will roll ahead if possible!!)**

RUNNING EVENTS (fast to slow)		
TIME	EVENT	LOCATION
10:30	5000 (W) - 1 section	RALPH YOUNG TRACK
11:00	5000 (M) - 2 sections	
11:40	1500 UNSEEDED (W) - 2 sections	
11:55	1500 UNSEEDED (M) - 2 sections	
12:10	3K SC (W) - 1 section	
12:35	3K SC (M) - 1 section	
12:50	800 UNSEEDED (W) - 4 sections	
1:05	800 UNSEEDED (M) - 3 sections	
1:15	4X100 METER RELAY (W) - 1 section	
1:20	4X100 METER RELAY (M) - 1 section	
<b>1:25</b>	<b>NATIONAL ANTHEM / SR RECOGNITION</b>	
2:00	100 HURDLES (W) - 3 sections	
2:10	110 HURDLES (M) - 3 sections	
2:20	100 METERS (W) - 3 sections	
2:25	100 METERS (M) - 5 sections	
2:40	400 METERS (W) - 4 sections	
2:50	400 METERS (M) - 4 sections	
3:00	1500 SEEDED (W) - 4 sections	
3:25	1500 SEEDED (M) - 4 sections	
3:55	400 HURDLES (W) - 2 sections	
4:00	400 HURDLES (M) - 2 sections	
4:10	200 METERS (W) - 5 sections	
4:20	200 METERS (M) - 5 sections	
4:35	800 SEEDED (W) - 4 sections	
4:50	800 SEEDED (M) - 4 sections	
5:05	4X400 METER RELAY (W) - 1 section	
5:10	4X400 METER RELAY (M) - 3 section	

