



AUTO-OWNERS INSURANCE SPARTAN INVITATIONAL

FRIDAY, APRIL 3 | RALPH YOUNG FIELD | EAST LANSING, MI

Meet Information

Updated 3/16/2026

FACILITY LOCATION

Ralph Young Track and Field Facility located at the corner of Shaw Lane and Chestnut Road. Southwest of Spartan Football Stadium. Long Throws will be contested at Munn Field

[Vertical jumping events may be moved to Jenison Fieldhouse based on weather](#)

ENTRY DATES

Open: 12:00am on Monday, 3/16/2026

Close: 5:00pm on Monday, 3/30/2026

ENTRY PROCEDURES

Online ONLY at Direct Athletics

Entry marks must have been achieved during the 2025-26 seasons (indoor or outdoor) and recorded through TFRRS. In cases where no TFRRS mark is available, a verifiable high school mark (i.e. Milesplit/Athletic.net) for first-year collegians may be considered by meet management. If no mark is submitted or verifiable from 2025-26, an entry of NT/NM will be used

ENTRY RESTRICTIONS

This is a non-scored, open meet. No High School entries allowed.

No entry limits EXCEPT for following events:

- *Throwing Events will be limited to the top 16 entries and will be contested in one flight*
- *Jumping events will be limited to the top 25 entries*

ENTRY FEE IS NON-REFUNDABLE AND DOES NOT GUARANTEE ACCEPTANCE!!!

Unattached Athletes and club entries should contact Meet Director, Tim Nickas (coachnickas@ath.msu.edu) with name, event, and proof of performance to receive an invitation to enter on Direct Athletics. We will be extremely selective in accepting Unattached Entries.

MSU Students (w/ valid ID) who are accepted into the competition may compete for no-charge (must e-mail coachnickas@ath.msu.edu with requests)

ENTRY FEES

\$350 per team per gender or \$700 for both gender's teams (All fees must be paid on Direct Athletics, no exceptions)

\$35 per athlete up to \$350 for those teams with less than 10 athletes

\$35 per unattached athletes

No-Charge for MSU Students w/ valid MSU ID who are accepted into the competition (must email coachnickas@ath.msu.edu with request)

ENTRY FEE IS NON-REFUNDABLE AND DOES NOT GUARANTEE ACCEPTANCE!!!

NO DAY OF SIGN UPS. All MSU students must email Coach Nickas at: coachnickas@ath.msu.edu





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HEAT SHEETS

Heat sheets, morning sections and final meet schedule will be posted Wednesday Afternoon 4/1

PACKET PICK UP

Available at the main entrance of the Ralph Young Track Facility located at the southeast corner. Packets will include meet schedule, heat sheets and relay cards

Additional heat sheets and final schedule will be available at the indoor track

OPENING HEIGHTS (*Subject to Change*)

- Women's HJ - 1.50m
- Men's HJ - 1.80m
- Men's Vault - 4.30m
- Women's Vault - 3.30m

FACILITY AVAILABILITY

There will be **NO** practice availability on Thursday

FACILITY RULES AND RESTRICTIONS

Only white athletic tape may be used on runways and on the track. Chalk and cones are NOT permitted.

¼" pyramid spikes and 3/8" for High jump and javelin will be permitted.

No NEEDLE or CHRISTMAS TREE spikes allowed.

Starting blocks will be provided.

Please remind your teams to clean up their respective areas before leaving the meet.

ATHLETE CHECK-IN PROCEDURE

Track athletes: Check in **no less than 30 minutes** prior to event at the clerking table located at the NE part of track.

Field athletes: Check in at the competition site **30 minutes** prior to start of Scheduled competition

Throws – Ring will open for warmups **20 minutes** prior to start of schedule event

Horizontal Jumps – runway will open **20 minutes** prior to start of schedule event with **15 minutes** for warm up before finals

IMPLEMENT WEIGHT IN

Friday: 8:30am at Munn Field

Implements can start to be checked in at 8:30am and will need to be checked in 30 minutes prior to the start of the event. **Athletes will be responsible for moving their own implements (ie shot put)**

Auto-Owners
INSURANCE



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COMPETITION RESTRICTIONS

If needed due to weather, vertical jumping events may be moved to the indoor track.

ADDITIONAL INFORMATION

PARKING:

Munn Parking (throwing events only):

- Hang tag is required to park in lot 63 (west lot of Breslin) – will have some at implement weigh in

Team Vans:

- Parking will only be available in lot 67, 79 & 63. A map and parking passes will be provided.

Bus and Oversized Parking:

- Lot 16, behind ramp 7, use entrance off Kalamazoo Street

DROP OFF:

- Bus drop off for Munn and Ralph Young Field will be lot 61
- Bus drops off for Jenison will be in the parking circle off Kalamazoo Street
- Please do not let buses pull into stadium lots (79) or Jenison lots (67)

RESULTS

Live results can be accessed during the meet at www.superiortiming.com

TEAM CAMPS

Teams may set up camp at the Ralph Young Stadium, or in Jenison Fieldhouse. Tents are not allowed on the infield Turf or on Munn. If you are bringing a pop-up tent utilize the Pine Trees to the NW of the track stadium. In the event we use indoor track for the vertical jumping events team camps are only allowed up in the stands.

MEDICAL

Please contact Adam Feinberg (feinbe35@msu.edu) or Paige McCririe (mccriri6@msu.edu) with questions Michigan State Sports Medicine staff will be available. Athletic Trainers from schools will have access to the training Area

Weather

In case of severe weather, information will be shared with fans over the PA system. In case of evacuation, fans and teams are advised to seek shelter in their vehicles, Jenison Fieldhouse or Gate C Football Stadium, whichever is closest.

For questions, please email Tim Nickas: coachnickas@ath.msu.edu