



2026 Ed Holloway XC Classic

DATE: Friday, October 16, 2026 (afternoon)

LOCATION: Holloway Park: 2402 Holloway Park Dr. Lakeland, FL 33812

SCHEDULE: 5:45 PM University/College/Unatt - Women's race (6k)
6:15 PM University/College/Unatt - Men's race (8k)

COURSE: Home host of meets including the Sunshine State XC championships, American XC Championships, and 2025 NCAA DII South Region Championships, the course is comprised of winding dirt and grass trails with a few rolling hills.

PARKING: Both entries to Holloway Park will be open on Friday via Highway 98 and Lakeland Highlands Blv.

Spectators: \$5 for spectators and fans. Children, Mocs families, military veterans/first-responders will receive free admission.

FACILITIES: There are no shower/locker facilities available at the park. Portable toilets will be provided.

PACKET PICK-UP/PAYMENT: 3:45 pm-4:45 pm the day of the race and will be located near the finish. All payments must be submitted through DirectAthletics.

Unattached Entries must register for the meet on Direct Athletics under a personal account they create prior to October 13, 2026 at 11:59 p.m. Unattached entries must also email mlevassiur@flsouthern.edu by October 13, 2026 at 11:59 p.m. Please include name, gender, and year of graduation from FSC (if you are an alumnus).

High school entries: Due to NCAA rules, HS athletes are NOT permitted in the university races.

ENTRY FEE: Pay through Direct Athletics | **Timing:** Elite Timing

ENTRY INFORMATION: Must be submitted through DirectAthletics. **ENTRY DEADLINE IS Wednesday, October 14, 2026 at 11:59 p.m.**

- **University/college single gender** - \$300.00 for single gender team of 5 or more.
- **University/college** - \$600.00 for men's and women's team combined.
- **College Club single gender** - \$200 for single gender team of 5 or more.
- **College Club** - \$400 for men's and women's team combined
- **Individuals** - \$30 (must seek approval from Coach Matt before competing)

AWARDS: Awards will be given to:

- Individual Women – Top 10
- Individual Men – Top 10
- Top Women's Teams
- Top Men's Teams
- *Only NCAA
- Custom Team Award:



TIMELINE

FOR MORE INFORMATION: Matt Levassiur – Head Men's Cross Country Coach | Florida Southern College | mlevassiur@flsouthern.edu (email) | 719.406.8536 (cell)

4:00-5:30p	Packet Pick-up (Finish Line)
5:30p	National Anthem/Race Announcements
5:40p	All women to the Start Line
5:45p	Women's Race Start
6:15p	All Men to the Start Line
6:20p	Men Race Start

APPENDIX A – COURSE MAPS



Men's Race 5k + 3k



Women's Race 3k x 2

APPENDIX B – EMERGENCY ACTION PLAN/LIGHTNING POLICY

EMERGENCY ACTION PLAN

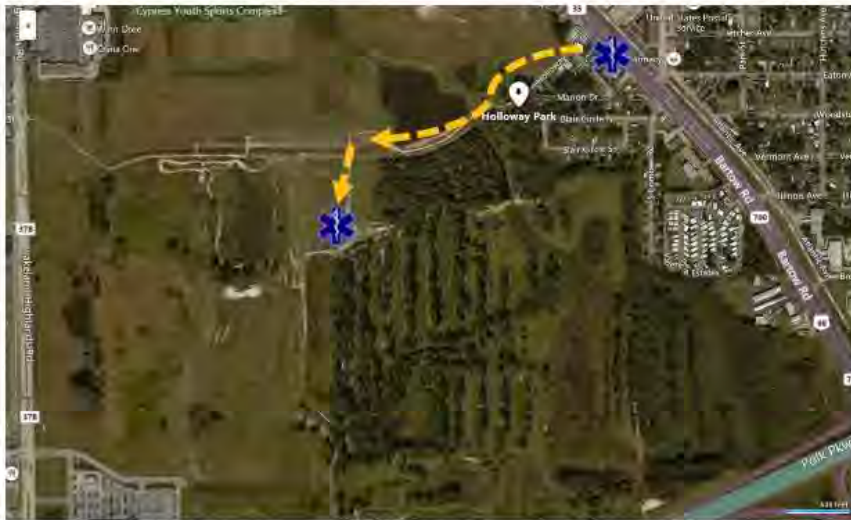
Holloway Park

(Sunshine State Conference Cross Country Championship)

Address: 2402 Holloway Park Drive Lakeland, FL 33803

Venue Directions (from the North): From Southeast corner of South Ingraham Ave. and US 98/Bartow Road turn right onto US 98/ Bartow Road heading towards Bartow; At 2.8 miles turn right onto Holloway Park Drive; Follow the road through and EMS will be signaled to injured or ill student athlete/spectator.

Venue Directions (from the South): From FL Highway 570 West/ Polk Parkway traveling Southwest take exit 10, onto US 98/ Bartow Road. Heading North on US 98/Bartow Road at .8 miles turn left onto Holloway Park Drive. Follow the road through and EMS will be signaled to injured or ill student athlete/spectator.



Map Key:

-  = EMS Entry
-  = EMS Route

Emergency Personnel: Available during the SSC Championship Practice & Meet

- Athletic Trainers (Practice & Meet)
- Coaches
- Event Staff
- Emergency Medical Services

Emergency Communication: There are no land line phones at Holloway Park; primary forms of communication will be the following:

- ✓ Cellular phone
- ✓ Radio

Emergency Equipment: The following emergency equipment will be available during the SSC Championship Practice & Meet:

- AED
- Crutches
- Vacuum Splint System
- Supplemental Oxygen
- Airway Management (OPA, NPA)
- Ice Water Immersion Tub
- Rectal Thermistor
- Tarp for remote heat ice water immersion
- Spine board (Meet only via EMS)

Roles of First Responders:

1. Immediate care of the injured or ill
2. Activation of emergency medical services (EMS).
 - a. 911 call (provide name, address, telephone number, number of individuals injured, condition of injured, first aid treatment rendered, specific direction; other information as requested).
3. Emergency equipment retrieval
4. Direct EMS to scene
 - a. Open appropriate gates
 - b. Designate individuals to flag down EMS and direct to scene; Send people to flag EMS off Bartow Road
 - c. Scene control: limit scene to first aid providers and move bystanders away from area

Lightning Policy:

Florida Southern College Athletic Training Services uses Perry Weather®. Nova Southeastern University Athletic Training Staff will partner with and defer to Florida Southern College's lightning system at Holloway Park:

Lightning Distances:	Actions:
Warning Strikes within 8 Miles	Evacuate to lightning safe shelters/vehicles
Advisory Range 8-15 Miles	Warn Coaches, Staff, Officials, Game Ops Personnel
15+ miles/ All Clear	Full Go on outdoor activities

+ "Return to Play Clock" is 30 minutes from the last strike that is within 8 miles. "Return to Play Clock" resets every time a new strike hits within the 8-mile radius of facility.

++ When a certified athletic trainer is not onsite; site host/FSC Athletic representative should use a weather app or the "Flash to Bang Method": count the seconds between the **flash of lightning** and the **bang** of the thunder. Divide the number of seconds by 5, to determine how many miles away the lightning strike has occurred. **It is recommended that you follow the FSC Lightning Policy.**

+++ Spectators will be asked to evacuate to their personal vehicles

Coaches Map:

