



2025 Last Chance Distance Carnival

Friday, June 13, 2025

Entries/Deadline:

- Entries are due by 11:59 PM (PDT) on Wednesday, June 11, at Direct Athletics.
- Entry times must have been run on or after January 1, 2024. If using a "speculative" mark, Please provide link performance in the notes to be considered.
- Send Scratches to Meet Director: kevinw@grandseries.org
- If needed, a revised schedule will be made available Thursday, June 12, reflecting all entries.

Entry Fee:

- \$39 per athlete
- Register for the meet through directathletics.com

Facility:

- NDHS Athletic Facility: 13645 Riverside Dr, Sherman Oaks, CA 91423
- Eight lane track (400m)
- Restrooms are available behind the concession stand. There will be no shower facilities available

Events: [800, 1500, 5000, 10000]

- You can get final strides in the outer lanes after races cut in.
- Races will go off within a minute of previous heat finishing.
- Schedule of events below:

Questions: email kevinw@grandseries.org



Time Schedule:

FRIDAY, JUNE 13

Running events

800 Meters (will be ran with Sprint Series)

5:35 PM Womens 800m

5:45 PM Mens 800m

5,000m (5K)

6:30 PM Womens 5K

6:50 PM Mens 5K

1500 Meters

7:15 PM Womens 1500m

7:20 PM Mens 1500m

Mile (1600m)

7:30 PM Mixed 1 Mile (All Comers)

10,000m (10K)

7:40 PM Womens 10K

8:20 PM Mens 10K

Questions: email kevinw@grandseries.org



Check-In:

- Check-in, Shoe Check, and hip numbering will be done at the same time in the middle of football field endzone near the finish line.
- Check-in: 45 minutes or more prior to your race start time at the clerking tent.
- 10 minutes prior to your race, return to the start of your event area.
- Field event athletes will check in at the event site.

World Athletic & USATF Championships Qualifying:

- New World Athletics and USA Track & Field policies require that for marks to qualify for their championships, they must come from competitions sanctioned through World Athletics / USATF and must abide by their rulebook.
- Results will be reported to World Athletics / USATF, with notations of any rule violations from the World Athletics rulebook.
- Footwear: World Athletics / USATF requires that all shoes be in compliance with their approved shoe list [<https://www.worldathletics.org/about-iaaf/documents/technical-information>]. Shoes will be randomly checked for compliance at clerking and field event check-in.



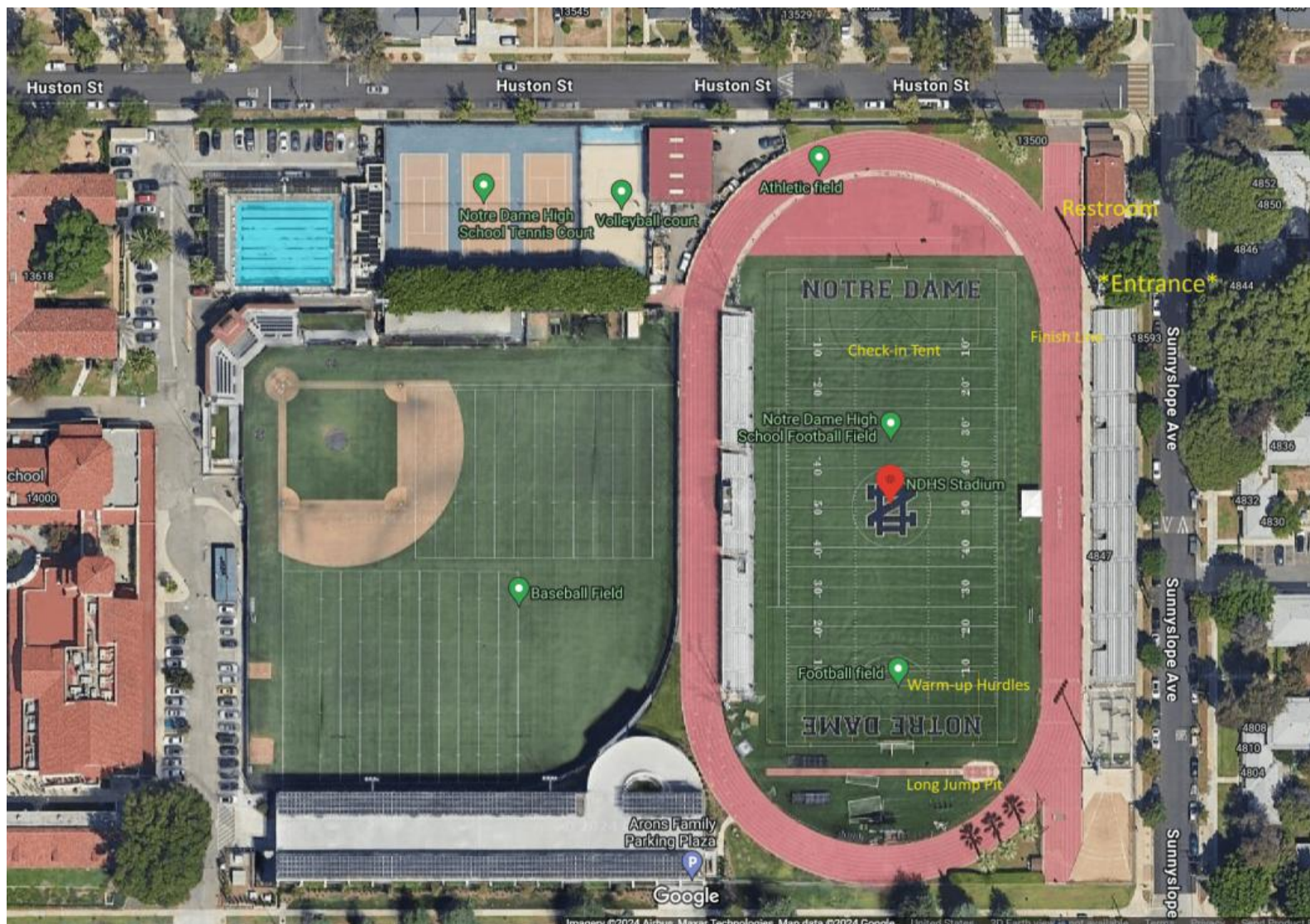
Drop Off & Parking:

- Parking will be available along the street and in the residential area adjacent to the track, with a side gate open for convenient access to the track.
- We kindly request that visitors refrain from utilizing the NDHS parking lots, reserving these spaces for the faculty members and other on-site events.
- Please ensure you read and adhere to all street signs and parking regulations where you park. We are not responsible for any parking violations, including tickets or blocking driveways.
- Green lines indicate areas we recommend for parking. Please refer to the provided photo for more details. Park at your own risk



Track Layout

A photo of the track is provided below, with labels indicating the entrance, restrooms, check-in tent, and warm-up areas.



Questions: email kevinw@grandseries.org