

Polk County Championships- April 5, 2025

Contact Info: Brian Robichaud (brian.robichaud@polk-fl.net or 863-797-7966)

Awards: Top 3 Individuals/Relays; Traveling Team Championship Trophies

Officials Information: We have sent information to CFTOA to get officials for the meet. Hopefully we are able to fill all of the spots with officials. As we get closer, if there are events that are not covered I will reach out to see if any coaches are registered officials and willing to help cover the events so that we can ensure the sanctioning of the results for At-Large purposes.

Admission: \$8; Cash or Online ([Purchase Event Tickets - George W. Jenkins Senior High \(polkschoolsfl.com\)](https://polkschoolsfl.com))

Team Packets: Pick up at top of hill. Each team (Boys/Girls) will receive 3 coaches' wristbands (6 total per school). All other coaches will have to pay the entry fee to enter. Athletes will not receive wristbands, but must have their Uniform Tops On and visible in order to be allowed entrance. Team Warmups/shirts/apparel will not allow admittance without payment.

Tent Area: All team tents should be set up on the North or East side of the track (Visitor side); Please be aware of proximity to Discus area when setting up tent; Please keep area clean and throw away all trash

Coaches Meeting: 7:15; Home Stands

Implement Weigh-Ins: Implements will be weighed at table by the Pole Vault beginning with Girl's Shot, Boy's Javelin, and Boy's Discus at 7:05. All others will start weighing in after those are completed

Entry Deadline: Wednesday, April 2 @ 11:59 p.m.

Athlete Entries: 4 per event (**Must meet qualifying standards during the 2025 season, prior to entry deadline**); 1 Relay (No qualifying standard but must have a result from this year)

Field Events: 4 attempts per athlete in horizontal jumps/throws

Running Events: Straight Finals

Infield: Closed to athletes not competing in field events and coaches (Pole Vault Coaches will have a specified coaching box) **This is a SANCTIONED MEET, by rule the infield MUST be kept clear**

Tentative Schedule:

8:00: (Field Events; Worse to Best)

Shot Put- Girls (Boys to Follow)

Long Jump- Girls and Boys; Triple Jump (Girls and Boys) to follow completion of Long Jump

Discus- Boys (Girls to Follow)

High Jump- Girls (Boys to Follow) (Opening Heights: Girls-1.32 (4-4); Boys 1.62 (5-4))

Pole Vault- Boys First, Girls to Follow (Opening Height: Girls-1.82 (6-0'); Boys-2.43 (8-0'))

Javelin- Boys (Girls to Follow)

8:15 am:

3200m Run

10:15 am:

4 x 800

12:00 OR 15:00 after Field Events: (Running Finals; Slow to Fast) (Girls, then Boys)

Girls 100m High Hurdles

Boys 110m Hurdles

100 Meters

Adaptive 100 Meters (Ambulatory)

1600 Meters (Fast Heat)

Adaptive 800 (Wheelchair)

4 x 100m Relay

400 Meters

Adaptive 400 Meters (Ambulatory)

400 Meters

800 Meters

200 Meters

Adaptive 200 Meters (Wheelchair)

Adaptive 200 Meters (Ambulatory)

1600 Meter Run (Slower Heats)

4x400 Relay

Field Event Qualifying Standards

	Shot Put	Discus	Javelin	High Jump	Long Jump	Triple Jump	Pole Vault
Boys	10.00 (32'9)	30.48 (100')	30.48 (100')	1.62 (5'4)	5.79 (19')	11.00 (36'1)	2.43 (8')
Girls	8.38 (27'6)	21.49 (70'6)	19.81 (65')	1.32 (4'4)	4.42 (14'5)	8.08 (26'6)	1.82 (6')

Running Event Qualifying Standards

	100	200	400	800	1600	3200	100/110H	400H
Boys	11.65	23.65	54.50	2:18.00	5:15.00	11:45.00	20.00	1:12.00
Girls	13.50	27.75	1:07.00	2:48.00	6:30.00	14:30.00	20.00	1:22.00