

LAKELAND CITY CHAMPIONSHIPS- March 25, 2025

THIS MEET IS ONLY FOR SCHOOLS IN LAKELAND

Contact info: Brian Robichaud (brian.robichaud@polk-fl.net)

Entry Fee: \$300 per team; Checks made payable to:

George Jenkins High School
Attn: Jestin Bailey
6000 Lakeland Highlands Rd.
Lakeland, FL 33813

Field Event Coverage: We do have the meet up on CFTOA to get officials to cover our events. I will get with individual coaches as we get closer should we need help with coverage

Admission: \$8; Cash or Online ([Purchase Event Tickets - George W. Jenkins Senior High \(polkschoolsfl.com\)](https://polkschoolsfl.com))

Concessions: CASH ONLY

Awards: Top 8 Individuals/Relays

Team Packets: Pick up at top of hill. Each team (Boys/Girls) will receive 3 coaches' wristbands (6 total per school). All other coaches will have to pay the entry fee to enter. Athletes will not receive wristbands, but must have their Uniform Tops On and visible in order to be allowed entrance. Team Warmups/shirts/apparel will not allow admittance without payment.

Tent Area: All team tents should be set up on the North or East side of the track (Visitor side); Please be aware of proximity to Discus area when setting up tent. Please keep area clean and throw away all trash

Coaches Meeting: None; Please email me with any questions/concerns

Entry Deadline: Saturday, March 22 @ 11:59 p.m.

Athlete Entries: 4 per event (JV 1600 and 800 is unlimited; 3200 Standard: Girls- 15:00, Boys- 13:00); 1 Relay

Field Events: 3 attempts per athlete in horizontal jumps/throws (Please lmk which event you can help officiate)

Running Events: Straight Finals

Infield: Closed to athletes and coaches not helping with field events

Tentative Schedule:

3:30: (Field Events)

Shot Put- Girls (Boys to Follow)

Long Jump- Girls and Boys; Triple Jump (Girls and Boys) to follow completion of Long Jump

Discus- Boys (Girls to Follow)

High Jump- Girls (Boys to Follow) (Opening Heights: Girls-1.28 (4-2); Boys 1.58 (5-2))

Pole Vault- Girls and Boys (Opening Height: 1.82 (6-0))

Javelin- Boys (Girls to Follow)

4:00:

4 x 800m Relay

JV 1600

5:30: (Running Finals; Rolling Schedule) (Girls, then Boys)

Girls 100m High Hurdles

Boys 110m Hurdles

100m Dash

1600m Run

4 x 100m Relay

400m Dash

400M Hurdles

JV 800

800m Run

200m Dash

3200m Run

4x400 Relay