



Emory Spring Break Classic
@ Morehouse College
Friday & Saturday, March 15th – 16th, 2024

Meet Location:
B.T Harvey Stadium
865 Westview Dr SW
Atlanta, GA 30314

Updated 2/6/2024

Contact Information and Entries

MEET DIRECTOR

Derek Nelson – Track & Field Coach

- 530-400-5391 (cell) - 404-727-1572 (office)
- derek.nelson@emory.edu

ATHELTIC TRAINING

- Adrienne Henderson - adrienne.henderson@emoryhealthcare.org
- Karli Dill - kdill2@emory.edu

MAILING ADDRESS

Woodruff Physical Education Center (WOODPEC)
26 Eagle Row
Atlanta, GA 30322

ENTRIES

Please go to www.DirectAthletics.com and search:
“Emory Spring Break Classic.”

****ENTRIES CLOSE – Tuesday, March 12th at 11:59 pm Eastern Time.**

ENTRY FEE (Teams)

\$450.00 per team per gender ... or \$30 per entry for teams with less than 15 entries

Entry Fees are due via Direct Athletics unless you email Derek Nelson in advance

TEAM ENTRY LIMITATIONS

1. **SIX Athletes** per team in *Running Events*
2. **FOUR Athletes** per team in *Jumps Events*
3. **THREE Athletes** per team in *Throws Events*
4. **THREE RELAYS** per team in *Relay Events*.

ENTRY FEE (unattached and club individuals)

Unattached athletes will complete registration through direct athletics for \$30 per event entered

Meet Procedures and Specifications

FACILITY HOURS

Friday March 15th Gates open 11:00 AM

Saturday March 16th Gates open at 8:30 AM

CHECK-IN

Track Athletes:

Track athletes should check-in on the infield underneath the south field goal

Field Athletes:

Athletes from all flights should report to the head event official 30 minutes prior to your event.

IMPLEMENT CERTIFICATION

Implements certification will be located at the south end of the grandstand

Friday 12:30pm – 2:45pm

Saturday 8:30am – 10:00am

FINISH PLACE AND ADVANCEMENT FROM PRELIMINARIES

Running Events

100m/110mH/100mH

Advancement through preliminary, semifinals, and finals will be determined by the by the number of entries. Heat winners and next fastest times will advance.

Competitors	No. of Preliminary Heats	No. of Semifinal Heats	No. of Final Heats	No. in Final
<i>For eight lanes:</i>				
1 to 8	0	0	1	8
9 to 16	2	0	1	8
17 to 24	3	0	1	8
25 to 32	4	0 or 2	1	8
33 to 40	5	2	1	8
41 to 48	6	2 or 3	1	8
49 plus	# required	3	1	8

All other running events

Places in all around-the-track events will be established as heats against time.

Field events

The field events will have 3 preliminary attempts, and 3 final attempts. The top-9 athletes will advance to finals.

STARTING HEIGHTS

The starting height of the high jump and pole vault will be determined by meet management and the head field official based on entry marks. Per NCAA Rules, the crossbar will be raised in increments of 5 centimeters in the high jump, and increments of 15 centimeters in the pole vault.

Pole Vault Starting Height: Men 3.55m --- Women 2.70m

High Jump Starting Height: Men 1.70m --- Women 1.40m

Rules and Regulations

MEET SCORING

This event is a scored, collegiate event. Points will be assigned on a 10-8-6-5-4-3-2-1 scale.

SPIKES

Spikes should be no longer than ¼" in length, and of pyramid design. No pin spikes allowed.

FACILITY RESTRICTIONS

- The use of 1/4" pyramid spikes will be strictly enforced
- NO marking chalk will be allowed on track or runways

COACH/ATHLETE SPECTATING NOTES

Only athletes and coaches are allowed on the infield. Please be mindful of events that will be contested on the infield. PLEASE BE RESPECTFUL AND KEEP AREAS SAFE FOR ALL COMPETING ATHLETES.

ELIGIBILITY

The meet will be conducted according to NCAA Track & Field rules