



Sponsored by:
 **new balance**
team sports

College/Open

Friday, October 6th, 2023

Womens: 10:00AM (5K)

Mens: 11:00AM (4 Miles)

Location: NTC Park - 2455 Cushing Road, San Diego, CA 92106

Course: Flat, fast and mostly on grass and dirt trails.

Registration:

Register using Direct Athletics

Deadline: October 1, 2023 @
11:59pm

Contact:

Sean Ricketts (Meet
Director/SD Mesa Head XC &
T/F Coach)

email: sricketts@sdccd.edu

All Fees:

Check Payments: **Mesa Cross
Country Trust.** No Late Fees
or Meet Day Entries Will be
Accepted! Full Payments must
be submitted no later than
October 6, 2023

Timing:

Provided by SD Mesa
(Finishlynx Timing System
with Etherlynx photo finish
camera, Identilyn timer full
frame video camera
and Ipico RFID Chip
Timing System)

SD Mesa

Athletic Training:

All SD Mesa trainers will
be located near the
start/finish line.

*please provide your
own tape and pre-wrap

College/Open Fees:

\$125 per team/ gender
(\$250 for both)
\$25 per individual
(open/unattached athletes
and teams entering 4 or less)

Awards:

Top 10 finishers receive a
custom Manny Bautista Invite
NB Tech Tee
Individual winners receive
New Balance Backpacks and
winning teams (Top 7)
receive hats

Parking:

Free in Parking Lots at
NTC Park

Course Records:

- Womens 5K - Marikay Schwab 18:03.3 (2022)
- Men's 4 Mile - Cesar Mireles 20:03.3 (2022)