



Creekside Invitational

March 11, 2022

100 Knights Lane

Hosted by Creekside High School



Entry Fee: \$250 per school.

Checks made out to Creekside Track & Field. Send to: CHS Track and Field, 100 Knights Lane, Jacksonville Florida 32259.

General Admission: \$7

Entries: Email creeksidetrackandfield@gmail.com to reserve your spot. Entries done on Direct Athletics by Tuesday March 8th @ 11:59pm. Any late registration changes and/or additions will be a \$50 per team charge.

4 entries in all individual events and 1 relay team

6 entries for 1600 and 4 entries for 100 B races

Top 24 entry times in the 1600 run in elite race. The remaining athletes will race during the B 1600m Prelims for the 100, 200, and 400 followed by the 4x800m Relay.

Time Schedule:

9:40am - Coaches Meeting

10:00am - Field events (1st attempt measured, no finals, but bonus attempt given)

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| Boys Javelin | Girls Javelin |
| Boys Long jump followed by Boys Triple Jump | Girls Long Jump followed by Girls Triple Jump |
| Boys Discus followed by Girls | Girls Shot Put followed by Boys |
| Boys High Jump followed by Girls | Girls Pole Vault followed by Boys |
| Boys and Girls adaptive Shot Put | |

	Girls Minimum	Girls Bonus	Boys Minimum	Boys Bonus
Shot Put	8.00m	9.10m	12.00m	13.50m
Discus	23.00m	27.00m	30.00m	37.00m
Long Jump	4.30m	4.55m	5.50m	6.10m
Triple Jump	8.50m	9.15m	11.25m	12.20m

Running Events

10:30am – B Heats 1600m, 100m
12:00 - Prelims
100m prelims – Girls, Boys; Top 14 to finals
400m prelims – Girls, Boys; Top 14 to finals
200m prelims – Girls, Boys; Top 14 to finals
4x800m Relay Girls, Boys
Senior Recognition Ceremony
3:00 – Running Finals (Heats against time)
100mh - Girls
110mh - Boys
100m – Girls, Boys
1600m ELITE Girls, Boys
4x100m – Girls, Boys
400m – Girls, Boys
300mh – Girls, Boys
800m – Girls, Boys
200m – Girls, Boys
3200m – Girls, Boys
4x400m – Girls, Boys