



2021 William Graham RC Cross Country Invitational

Date: Friday, October 8, 2021 5:00 PM

Location: Ranger College Campus - 1100 College Cir, Ranger, TX 76470

Course Description: Mostly flat, some slight uphill, grass and dirt multiple loop course with two short pavement crossings. Spikes recommended.

Timing: Ranger College/Timing for Life

Parking: Free on Ranger Campus by athletic complex and basketball gymnasium

Entry Fee: \$200 - Combined Team (men and women)
\$100 - Per Gender (men only or women only)
\$20 - individuals

Make checks payable to: Ranger College Cross Country. Mail prior to the event at the address below or bring payment with you.

Ranger College
Attention.: Christopher Zent
1100 College Circle
Ranger, TX 76470

Entries due: Tuesday October 5th by 5:00 PM CDT. No late entries will be accepted.

Entries are done online at DirectAthletics (www.directathletics.com).

Divisions:

5:00 PM	Women	5k
5:30 PM	Men	8k

Awards: Plaque to the first and second place teams. Top 7 individuals receive t-shirts.

- No dressing facilities will be provided. Ample restrooms available.
- Results will be posted on DirectAthletics/TFRRS. Results will be mailed out directly after the race.

Sports Medicine: A certified athletic trainer will be available at the finish line. A support vehicle will be available for on-the-course assistance. **EMS will be on call.** No taping of or treatment of athletes will be provided prior to races by our athletic training staff.

Race Director: Christopher Zent czent@rangercollege.edu 419-343-4296

We look forward to hosting your teams for a great race!