

# BROWARD ELITE ATHLETIC CLUB SHOWCASE

## FRIDAY, MAY 17<sup>TH</sup>, 2019

### CALVARY CHRISTIAN ACADEMY

### FT. LAUDERDALE

ENTRIES DUE: DIRECT ATHLETICS BY THURSDAY, MAY 16<sup>TH</sup> @ 8:00 PM  
**ENTRY FEE: \$25 PER ATHLETE, PAID ONLINE**

<https://www.directathletics.com/meets/track/62398.html>  
<https://fl.milesplit.com/meets/336894/info>

Hosted by Broward Elite Athletic Club ([www.browardeliteathleticclub.com](http://www.browardeliteathleticclub.com))

This meet is open to all ages. Everyone is welcome to participate!

No school uniforms allowed.

**YOU MUST PAY ONLINE AT THE TIME OF ENTRY**

**WALK-UP REGISTRATION: \$45 PER ATHLETE**

#### Event Schedule

5:00 PM—Packet pick-up/payment

#### 6:00 PM—Field Events (Women, then Men)

Round One—W/M Long Jump, W/M Hammer\*, W/M Javelin, W/M Pole Vault, W/M Shot Put

Round Two (after Round One)—W/M Weight Throw, W/M Discus, W/M Triple Jump

Round Three (8:00 PM)—W/M High Jump

**\*Hammer is Invitational only (must be approved by Jim Griffin: 954-299-7333)**

#### Running Events

6:00 PM—800m

6:20 PM—100m 30" Hurdles, 100m 33" Hurdles, 110m 39" Hurdles, 110m 42" Hurdles

6:35 PM—100m

7:00 PM—4x100m Relay

7:15 PM—400m

7:30 PM—200m Hurdles, 400m Hurdles

7:45 PM—1600m

8:00 PM—200m

8:30 PM—3200m (Combined Gender)

8:45 PM—5k (Combined Gender)

9:15 PM—Milk Mile (Combined Gender)—Costumes Encouraged!!!

#### Location

Calvary Christian Academy  
2401 West Cypress Creek Road  
Ft. Lauderdale, FL 33309

**Meet Director: Paul Baur, Broward Elite Athletic Club & Pine Crest School**

**Questions?**

**Paul Baur, 954-579-9448, [paulbaur13@gmail.com](mailto:paulbaur13@gmail.com)**