

BROWARD ELITE ATHLETIC CLUB INDOOR/OUTDOOR PRESEASON SHOWCASE

SATURDAY, JANUARY 26TH, 2019
CALVARY CHRISTIAN ACADEMY
FT. LAUDERDALE

ENTRIES DUE: DIRECT ATHLETICS BY FRIDAY, JANUARY 25TH AT 5:00 PM
ENTRY FEE: \$25 PER ATHLETE, PAID ONLINE

<https://www.directathletics.com/meets/track/58057.html>
<https://fl.milesplit.com/meets/336892/info>

Hosted by Broward Elite Athletic Club (www.browardeliteathleticclub.com)

This meet is open to all ages. Everyone is welcome to participate!
No school uniforms allowed.

YOU MUST PAY ONLINE AT THE TIME OF ENTRY

WALK-UP REGISTRATION: \$45 PER ATHLETE

Event Schedule

8:00 AM—Packet pick-up

8:30 AM—Field Events start

9:00 AM—Running Events start on rolling schedule

9:30 AM—Pentathlon begins (60m Hurdles—Shot Put—Long Jump—High Jump—800/1000m)

Pentathlon events will compete with regular events, except for 800m/1000m.

Field Events

Round One—Long Jump, Javelin, Shot Put, Hammer* (Weight & Super weight)

Round Two (after Round One)—Discus, Triple Jump

Round Three (after Triple Jump)—High Jump, Pole Vault

***Hammer/Weight is Invitational only (must be approved by Jim Griffin: 954-299-7333)**

Running Events

40 yd. Dash

800m

60m Hurdles (30", 33", 39" & 42")

60m

1600m

4x100m Relay

400m

300m

3200m

800 (Pentathlon)

1000m (Pentathlon)

200m

Location

Calvary Christian Academy

2401 West Cypress Creek Road

Ft. Lauderdale, FL 33309

**Meet Director: Paul Baur, Broward Elite Athletic Club & Pine Crest School
954-579-9448, paulbaur13@gmail.com**