

Bolles Track & Field Last Chance Meet

Date: Wednesday, April 3rd, 2019

Entries Due by Monday night, 11:59 PM April 1.

The purpose of this meet is to simulate the postseason. We will have prelims and finals for all events that have prelims and finals in the postseason. There will be no 4X800 and no 3200. We will advance the top 16 to finals. This meet will not be team scored, but will have ribbons for the top 8. We will take small breaks throughout the meet to simulate the schedule of the state meet as much as possible. You are allowed 10 entries in all individual events and up to 3 relay teams, but the meet will be limited to 8 schools

Time: 2:30 Coaches Meeting: Finish Line of the track

Field Events: Begin at 3:00 p.m. Check in at event site. Boys Discus (followed by girls) Girls Shot (followed by boys) Girls Long Jump (followed by Triple Jump) Boys Long Jump (followed by Triple Jump) Boys High Jump (followed by girls) Girls Pole Vault (followed by boys)

Running Prelims: Begin at 4:00 p.m. Check in at starting line. Top 8 advance to finals. Events will be in the following order (girls then boys): 100/110 Hurdles, 100m, 400, 4X100, 300 Hurdles, 200m,

Running Finals: Begin at 6:00 p.m. Check in at starting line. Events will be in the following order (girls then boys): 100/110 Hurdles, 100, 1600, 400, 4X100, 300 Hurdles, 800, 200, 4X400

Awards: Ribbons: 1-8. There will be no team awards

Entry Fee: \$75 per team: \$150 for both Boys and Girls team. Made payable to Bolles Track.

Entry Deadline: Monday night, 11:59 PM April 1. We will use FAT and DirectAthletics for meet registration. The meet will be limited to 8 total schools attending, so please contact me to be invited to register on DirectAthletics. My email is dan_dearing@hotmail.com.

Starting Heights: High Jump: Girls 4' 00", Boys 5' 00"

Pole Vault: Girls 5' 00", Boys 8' 00"

We will need and appreciate any help that you can provide with field events.