2019 OAK HALL MIDDLE SCHOOL MEET MARCH 14TH



RUBBERIZED TRACK BLEACHER SEATING



FULLY AUTOMATIC TIMING BY HALF-MILE TIMING

Location:	Oak Hall School, 1700 SW 75th Street, Gainesville, FL 32607
Date:	Thursday, March 14 th , 2019
Entry Deadline:	Monday, March 11 th , 2019 by 11:00pm
Entry Fee:	\$45.00 per team of boys and \$45.00 per team of girls / \$90.00 for both
	If a school is bringing 3 or fewer athletes (boys and girls are considered
	separate), the fee is \$10.00 per athlete.
	Make checks payable to <i>Oak Hall School</i> (Schools that do not pay by day of
	meet will be charged double the entry fee.)
Entry List:	Running and field events – Four athletes per school
	Three attempts in Long Jump, Shot Put and Discus (No Triple Jump)
	One relay team per school

ENTRIES WILL ONLY BE ACCEPTED ONLINE THROUGH DIRECTATHLETICS.COM

Time Schedule: 1:30 – Coaches Meeting

- $2:00 4 \times 800m$ (Girls first, followed by Boys)
- 2:30 *Long Jump* (Girls and Boys) *Shot Put* (Girls first, followed by Boys) *Discus* (Boys first, followed by Girls)
- 3:00 *High Jump* (Girls first, followed by Boys)
- 5:00 Running Finals (Heats against time, fastest first) 200m Low Hurdles 100m Dash 1600m Run 4 x 100m Relay 400m Dash 800m Run 200m Dash 3200m Run 4 x 400m Relay
- Awards: Trophies Winner and Runner-Up Teams (Boys and Girls) Ribbons – 1st-8th Place
- Parking: Bus parking will be in the grass fields next to Oak Hall Lower School. Spectator parking before 3:15 pm is available in the grass fields next to Oak Hall Lower School. After 3:15 pm, the parking lot will be available for parking in marked spaces.

Admission: \$5 Adults / \$3 Students FULL CONCESSIONS WILL BE AVAILABLE

- Send Checks To: Oak Hall School Questions: E-mail to <u>emctureous@oakhall.org</u> 1700 SW 75th Street Gainesville, FL 32607
- **Notes:** All athletes and spectators should stay in the track and field or softball complex. **ANY** athlete found on any other part of Oak Hall School campus will be subject to disqualification and asked to leave the campus. Coaches thank you in advance for your help.