

# 5-Star Conference Meet Schedule

## Coaches' Meeting

(Middle of the field)

8:30am

## Implement and Pole Vault Weigh-In

(Weight Room Side Door = implements; Training Room = Pole Vaulters—girls then boys)

8:30am

## Field Events [Prelims & Finals]

9:00am/11:00am

- Long Jump (boys = far pit)
- Long Jump (girls = close pit)
- Pole Vault (girls 1<sup>st</sup>, boys to follow)
- Shot Put (girls 1<sup>st</sup>, boys to follow)
- Discus (boys 1<sup>st</sup>, girls to follow)
- Triple Jump (following the long jump: boys = far pit)
- Triple Jump (following the long jump: girls = close pit)
  
- High Jump (girls 1<sup>st</sup>, boys to follow)

12:00pm/2:00pm

## 3200m- Final

9:00am

## 4 x 800-Final

10:00am

## Prelims

11:00am

100/110HH

100m

4 x 100

400m

300IH

200m

## 800m - FINAL

12:30pm

Officials'/Coaches Break (30 minutes)

## Finals

● Approx. 30 Min. following Prelims

2:00pm

100/110HH

100m

4 x 100

400m

300IH

200m

1600m

4 x 400