



2019 SFHS RAIDERS RELAYS

NEW RUBBERIZED TRACK

FULLY AUTOMATIC TIMING BY HALF-MILE TIMING

DATE: FEBURAY 16, 2019

ENTRY: 4 PER EACH EVENTS, 1 RELAY TEAMS

ENTRY FEE: \$50 PER TEAM OR \$100 PER SCHOOL (Make Check out to Santa Fe High Track and Field Boosters)

Admission: \$6

Awards: Ribbons 1st - 6th places

COACHES MEETING: 9:30 AM

10:00 AM: FIELD EVENTS (4 X800 METER RELAY)

GIRLS LONG JUMP, BOYS TO FOLLOW, GIRLS TRIPLE JUMP, BOYS TO FOLLOW, GIRLS SHOT PUT, BOYS TO FOLLOW, GIRLS HIGH JUMP, BOYS TO FOLLOW, GIRLS/ BOYS POLE VAULT TO FOLLOW GIRLS TRIPLE JUMP, BOYS DISCUS, GIRLS TO FOLLOW, GIRLS SHOT PUT, BOYS TO FOLLOW. (3) JUMPS AND THROWS. * IN AN EFFORT TO PROTECT THE RUBBER TRACK SURFACE, PLEASE BE SURE THAT ATHLETES ARE USING 3/16TH INCH PYRAMID OR NEEDLE SPIKES OR SHORTER.

dirtectathletics.com Online entries by FEBRUARY 13, 2019

11:30 AM RUNNING FINALS (HEATS AGAINST TIMES)

1 X 100 RELEY

DISTANCE RELAY (800,400,1200,1600)

SPRINT RELAY (100,100,200,400)

ENDURANCE RELAY (400,800,800, 1200)

MILE MEDLEY RELAY (200,200,400,800)

4 X 400 RELAY